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ALBANY-EL CERRITO, CALIFORNIA, WEDNESDAY, JULY 2, 1980

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Walker: families need more support

By ROBERTA ALEXANDER

EL CERRITO — Hilda Barrow Walker thinks that our society doesn't offer enough support services to parents and families, and it's a lack she's going to try to fill during the next two years.

Walker, an El Cerrito resident, was recently appointed by Supervisor Tom Powers to the Contra Costa County Family and Children's Services Advisory Committee. This 18-member group advises the supervisors and informs the public on issues affecting families and children.

Walker is the mother of three sons, and is a believer in love, understanding and old-fashioned responsibility.

"It's good that parents try to please their children," she said, "but they also have to be responsible and make decisions."

Walker, the youngest of nine children raised by a single mother in Louisiana, learned young about responsibility, and the lessons stuck.

"When you become a parent, you have to accept responsibility. It means accepting the weaknesses of others, she said.

She has a long history of volunteer involvement in the community — in

the schools, with the Red Cross, in political campaigns.

"I attended school almost as much as (my children) did," she said of her years of helping in the classroom.

She cut down on her service activities when she started going to Mills College, where she earned a B.A. in administration. She is presently employed as a sales administrator.

Walker described herself as "very pleased" to be on the committee, which she said "is more than just going to meetings. I must get out into the community."

The committee is composed mostly of women, which Walker called "unfortunate. With more women in the work force, it's important to recognize that other parts of the family should be more involved."

"The idea of family-support services is not fully accepted," she went on. "Not only the one-parent family, but the two-parent family needs support, too."

"One problem that Walker cited in two-parent families is that "there is only one active parent. That one takes charge and is overworked."

Walker is particularly concerned with adolescents.

"The period from 13 to 18 is a crucial time. They are at a fragile stage where they need friendship and guidance," she said. "Kids are left on their own too much with their feelings."

"Parents may be confused by the child's physical growth," she went on, explaining that there was still a young mind in the adult body.

"The parents are lost and bogged down in the problems of parenting, she said.

"And so her concern for teens brings her back to the need for family support. "Many people don't have friends or even family to help out."

So far Walker has been to only one meeting of the committee and has yet to join any subcommittees.

"As soon as I get my bearings, I feel I can make a real contribution," she said.

E.C. moves on loans

By ROBERT MANOR

EL CERRITO — The city has taken another major step towards creating as much as \$65 million in low-interest loans for home purchasers or owners seeking to upgrade their property.

But it still is unknown when the money will become available.

The city council, sitting as the redevelopment agency at its meeting Monday night, approved the issuance of up to \$15 million in tax-exempt bonds. The money could be used to underwrite the purchase of new homes or condominiums. Three weeks ago the city approved the issuance of bonds worth up to \$50 million for housing rehabilitation.

Quick action on the proposals was needed, according to Community Development Director Jean Smith, because a bill before Congress may

(Turn to Page 4, Col. 5)

Early deadlines

The Times Journal has altered its deadlines this week because of the three-day July 4th Holiday weekend:

Display advertising — Thursday, July 3, at 5 p.m.

Classified advertising — Monday, July 7, at 12 noon.

News — Today, Wednesday, July 2, at 5 p.m.

City government

Albany OKs budget

By BARBARA ERICKSON

ALBANY — With an eye on lean years ahead, the city council has set a \$2.83 million budget for the fiscal year.

Council members voted 4-1 Monday night with Louis George dissenting to accept the final budget, voted out of a series of working-in recent weeks. George said he voted that he opposed the budget because it includes increases for the council when the city is cutting back in other departments.

The council approved an increase in council members' conference from \$3,650 to \$5,480 and an increase in the council's collection allowance from \$150 to \$200.

Councilman William Johns tried vainly in a series of motions to fund the senior director for only three to six months and halve the allocation for sidewalk repairs. He said in this way the city "would make a statement to the public that we don't plan to continue these programs indefinitely."

Johns said he favors both programs, but he knows the city will have to cut such projects when the full impact of Prop. 13 and the recession hit.

"Essential services like police are the priority," he said. "We ought to

support an additional patrol

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Homeowner battles fire hydrant

By STEVE KANIGHER

EL CERRITO — Edwin Marken waited 30 years to get a ticket for parking in front of his own home. Last month, his wish was finally granted.

That's because the Stockton Avenue resident is perhaps the only homeowner in El Cerrito with a fire hydrant in the middle of his parking strip.

He said the ticket, actually received by his daughter-in-law, was the excuse he needed to take his complaint about the hydrant to city hall.

Marken's request to have the city remove the hydrant was discussed by the city council at its June 16 meeting. At that meeting, he was told the cost of removing the hydrant could run as high as \$4,000.

City manager Richard Brown said the city will contact officials of the East Bay Municipal Utilities District — which owns the hydrant — to see if the hydrant can be moved to an adjoining property line or nearby street corner. Brown said it is unlikely, though, that EBMUD would pick up the tab for this project. He added that the city would pay for removal only if it affected the city in general.

That means Marken, a retired carpenter, would have to pay for removal of the hydrant himself. He insists, however, that since the fire hydrant isn't his to begin with, he shouldn't have to pay for its removal.

"If I get another ticket I'm not going to pay for it," he remarked. "I told city officials that if that fire plug was mine and I had something to do or say about it, I would take a sledge hammer and break it. But it



Edwin Marken says he won't pay for parking tickets.

(Turn to Page 4, Col. 3)



—Times Journal photo by Christopher Agler

Hilda Walker

Football in Albany costs big bucks

By ROBERTA ALEXANDER

ALBANY — Football is the most popular, most dangerous and most expensive sport in this school district.

High school principal Jim Walker says, "30 percent of the male students go out for football."

The sport brings in \$4,000 to \$5,000 a year, Walker said. Exactly how much it costs, however, is not so easy to determine. Each athlete provides some of his own equipment: shoes, socks, jerseys, personal supplies like a mouthpiece and athletic supporter, etc. Walker estimates these costs at \$100 per student.

Teachers' salaries are negotiated by the teachers' association and the district and so are not part of Walker's requested budget. That budget includes a number of specific football expenses — \$10,900 worth — and parts of other budget categories that cannot be broken down by sport.

As a point of reference, the requested equipment and supplies budget for the English department is \$3,650; for foreign languages, \$1,050 and for the library, \$3,525.

The specific football-related expenses can be itemized as follows:

- Football equipment (shoulder pads, practice jerseys, helmets, etc.), \$4,000;

- Coaching stipends (for head varsity, three assistant varsity, and two junior varsity coaches), \$5,400;

- Football score keeper (10 games), \$75;

- Gate supervisors (5 games), \$125;

- Reserve policemen (to provide security), \$550;

- Doctors at 10 games, \$750.

Walker explained that the school has had volunteer score keepers and gate supervisors for the past two years, but that funding for those activities was something he was requesting again.

"We need the least security in the Bay area," he said and added that the policemen's stipend was paid out of gate receipts.

Football expenses are also contained in six other budget requests which total \$19,550.

One of those is a \$1,000 request for film to record games.

"Most of that is for football," Walker said, "but he could not be more specific. "When we get the actual budget, we'll arm wrestle it out."

There's also a \$12,000 request for transportation for all sports. Football, because of the small number of games, is not a large part of that budget.



Football is combined with other fall sports — tennis, volleyball and cross country — into a schedule, and then the school sees bids from bus companies to provide the transportation.

The school also is asking for \$700 to pay physicians to provide physical exams for athletes. Since Prop. 13 cutbacks, athletes have had to pay for their own physicals.

The budget request for the cleaning and repair of athletic equipment is \$3,000. "This is mostly football," Walker said. "It has the most equipment and must be certified as safe."

The physical education department requested \$150 for books and magazines and \$2,700 for instructional supplies, which includes footballs as well as volleyballs, baseballs, frisbees, etc.

ALBANY CINEMA
#1 & #2
Solano Ave. 524-5656
AIRPLANE
Mon.-Thurs. 7:30-10:30
Fri., Sat., Sun. 1:45-3:30
5:15, 7, 8:45 & 10:30
NO. 2
ALL THAT JAZZ
Mon.-Thurs. 9:30
Fri., Sat., Sun. 4:30 & 9:30
NEW YORK, NEW YORK
Mon.-Thurs. 7
Fri., Sat., Sun. 2:25 & 7
Reduced Mat. Prices 13

Around city hall

Housing, right-of-way

By MARGARET COLLINS
Mayor

Next Monday evening, July 7, at 7:30 p.m., the City Council will hold a town meeting at the Community Center to hear comments on two issues:

1. A concept plan for the Santa Fe Railroad right-of-way.

2. The proposed use of city-owned property at Moeser and Ashbury for a seniors housing project.

Both of these issues will have significant impact on the future of our community. You are invited to attend, to become informed and to participate.

For about two years, the city has been negotiating and planning for taking over the Santa Fe right-of-way after abandonment by the Santa Fe Railway Co. Early this month, Santa Fe presented the city with a deed to the bulk of their right-of-way through the city (it is a strip of land averaging about 40 feet wide which runs parallel to the BART tracks overhead.) For the last three months or so, a special committee composed of representatives of the Planning Commission, Design Review Board and Parks and Recreation Commission has been working on a concept plan for the ultimate development of the strip. A concept plan has been prepared by the committee. It will be submitted to the Council at the town meeting on July 7. Exhibits were beautifully prepared by Richard Iaya showing various alternative treatments of the strip. This is an asset which will benefit the city forever into the future. It would be worth your time to learn about the concept plan and to express your feelings about it. Remember, 7:30 p.m., Monday, July 7.

Also scheduled for the July 7 town meeting is a hearing on the proposed use of the city-owned property on Moeser at Ashbury for a seniors housing project. This site includes the present site of the El Cerrito Preschool, together with a portion of the parking lot immediately south of the preschool. It excludes the site of the Contra Costa Civic Theatre and that part of the parking lot immediately south of the theatre. This site is one of perhaps 10 sites which have been explored. Perhaps some will recall the efforts to acquire

the Mira Vista School Annex site. The school district ultimately decided not to dispose of the site, which removed it from consideration.

Every site in the city which was explored had some drawbacks. An obvious drawback to the Moeser Lane site would be the forced removal of the El Cerrito Pre-school. On the one hand, the city, as a whole (as expressed in a 1978 election) strongly favors seniors housing. On the other hand, any specific location impacts a neighborhood and displaces other community facilities of value. These aren't easy decisions, but it is the Council's responsibility to decide. We need your help. Help us to consider this problem by offering your constructive suggestions either in person or in writing at the July 7 town meeting.

In passing, I should mention one other happening involving the cable television service. Last month the Council granted a rate increase (the first in five years) to El Cerrito Video System. El Cerrito Video, however, also had requested deregulation of rates on the franchise agreement. Last year the state legislature passed a bill giving local CATV systems the option of freeing themselves from local rate regulation by opting under state law for regulation by a state

Kensington Symphony
ticket drive begins

KENSINGTON — The Kensington Symphony recently began its annual subscription drive and is selling tickets for its 1980-81 season for \$17 each.

Tickets are available by mail from the symphony, 1 Lawson Road, Kensington 94707. Concerts are held Sundays at 7 p.m. in the First Unitarian Church, 1 Lawson Road.

Mary Jo Ahlborn, violinist, will join in the symphony's performance on Dec. 7. Compositions by Gluck, Motte, Stravinsky, and Berlioz will be performed.

Violinist Robin Hansen will play the Sibelius Violin Concerto on February 15, 1981. A work by the winner in the New Composition

Competition as well as Handel's "The Royal Fireworks" and selections from Wagner's "The Valkyrie," Act III will also be presented.

The April 4, 1981, performance will feature the winner in the Young Soloists' Competition. Robert Kissel will conduct the overture to Barber's "School for Scandal" and the Symphony No. 5 by Schubert.

The season will conclude with two performances of Mozart's "Così Fan Tutte" on May 22 and 23. The Baroque Musica will join in this production.

For further information, call Maureen Rudy at 654-0333.

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Berman: being 65 is not the end

ROBERTA ALEXANDER
ALBANY — A lot of people believe that once they are out of their jobs, they become worthless and they are encouraged in that belief by a society that worships youth.

This negative attitude is part of the challenge that Louise Berman has chosen to confront. Berman, a 65-year-old Avenue resident, is a pre-retirement consultant.

"I try to do two things," she said. "I try to provide information and I also address individual responsibility — there's a lot that people have to do for themselves."

Berman is not a counselor — "that's working one-to-one, I work with groups," she said.

That means the bulk of her work is done on a contract basis in area businesses.

"I'll go into a company and do a two-day workshop," she said. "We'll look at attitudes toward work, other employment issues, moving, activities, relationships — and how they change —, being a worker versus being a retired person, health, finances."

Exactly what she does depends on what the company needs — "this is not a one-size-fits-all program" — and sometimes the company isn't exactly sure what it needs.

Her business is to determine their needs and then fill them," she said.

"Ideally I like to work with people who have time before retiring," she said. "I've had some of her work include people retiring the following week.

In any case, she says that it's important for workshop participants "to have an environment in which they can examine their attitudes. I try to provide an opportunity to look at their fears and goals."

She sees a need for services like hers because of changes in society.

"People used to work until they died," she pointed out.

Nowadays, people live longer and no longer have a clearcut family role to fill the void.

"Grandparents are a lot longer," she said. "There are more choices."

At the heart of Berman'saching is a belief in individual worth and in the need to make educated choices about one's life. It's the same philosophy, applied to herself, that she uses when making a presentation to a potential client.

"It's important to convey to others that you have something worth doing," she said.

It is that belief that transformed Berman, an English teacher from Rhode Island, into a pre-retirement consultant in business for herself.

Marx receives student award

ALBANY — Albany resident Margaret A. Marx won the Delbert J. Duncan Citation as the outstanding graduating student in the Master of Business Administration program at UC Berkeley.

Marx, a marketing representative for International Business Machines in San Francisco, served as 1979-80 president of M.B.A. Associates. Before coming to Berkeley, she was graduated cum laude from Cornell University.

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She always had been drawn to older people: "if an older person needs directions, they always pick me out of the crowd to ask," she said.

When she left teaching and moved to New York in the late 60s, she worked as a computer programmer and volunteered at a senior center in the Bronx. When the center received federal funding, Berman was offered a job as a group worker.

"I knew that that was for me," she said. "I didn't want to do one-to-one counseling and have responsibilities."

Berman realized that people only said that to her because they believed that

it for all the problems. I like working with groups."

She spent eight years as director of the center's lunch and recreation program before moving to the Bay Area in 1976.

During those years she was sometimes distressed at the attitudes both of the older people she worked with and of younger people whom she met socially.

"People responded to hearing about my job by saying, 'oh, that's marvelous!'"

Berman realized that people only said that to her because they believed that

there is a need."

Before branching out for herself, she spent two years working in San Francisco on a federally-funded model project which involved compiling a directory of innovative projects in aging. During that same period of time, she earned a master's degree in gerontology from Holy Names College.

Besides her workshops, Berman also teaches classes on getting ready for retirement at the Albany Adult School, the Peralta Colleges and Chabot College.

"I'm more ambitious here than I was in New York," she said.

In five years, she'd like to have a home large enough for her to have a real office in it. "I'd like my name to be known in the field and have my business develop by referrals. I want to be self-sufficient."

She's not afraid of her own eventual retirement: "I'll keep developing new interests," she said.

Indeed, her present life is in some ways like a retirement from a regular job.

"I have no clock to punch, no boss. I structure my own life, and that requires discipline. It lets me do many pleasurable things. I can work when I want to."

Even those activities that in a large company would be done by someone else, such as correspondence and accounting, are enjoyable.

"I'm very interested in it all because it's so personal," she said. "It's mine."

Louise Berman can be reached at 526-2783.

We would like to express our gratitude to the parents, neighbors and businesses who gave their time and support to make our Senior All-Night Party not only possible, but a success.

Our thanks to the following contributors: Chelemos Market, Super Stop Market, Alan V. Carson Agent, Mr. and Mrs. John Parr, 1000 Oaks Pharmacy, Harbert's, Thomas' Hair Styles, Chin's Arco Service, Lensart Studio, Oaks Theatre, McDonald's (San Pablo-Berkeley), Record Factory (El Cerrito), Ron Perdue's, One Hour Martizing (Albany), Albany Theatre, Lions Club (Albany), McCallum's, Gersh Photo, 1000 Oaks Hardware, Fidelity Savings (Solano-Berkeley), Colombo's Deli, Iceland (Berkeley), The Round Table, The Juniper, Wade Turner, Jay Vee Liquor (San Pablo-Washington), Safeway, Club Mallard, Sizzler (Albany), Gas & Photo Center, Mary & Joe's, Bob Alverio Agency, Adio Temporary Service, Albany Bowl, Al's Big Burger, California Federal (El Cerrito), Times Journal (El Cerrito), Longs, Mechanics Bank (Albany), Wells Fargo Bank (El Cerrito), Refractions, Taylors of Berkeley, Lee Frank Mfg., Jewelers, Allstate Savings (Albany), Wells Fargo Bank (North Berkeley) The Show House, P.I.P. (Albany), Smith Printing, The Tipographia, Cal Taco, Inc., Radio Shack (Albany), Steven's Jewelers,

Founders Title, Albany Exxon, Louie's Italian Delicatessen, Baskin Robbins (Solano-Berkeley), Systems Warehouse (Berkeley), Olympic Savings (Solano), Oaks Jewelers, Wolf's of Berkeley Jewelers, Nielsen Framing, California Cinema Center, Triangle Print Co., Red Vest Pizza, Robert L. Nehls Insurance Broker, House of Kitchens, U.A. 4 Theatre (Berkeley), Kentucky Fried Chicken (San Pablo-Berkeley), Granholm Sheet Metal, American Florist, Sam's Pharmacy, Seven Eleven (Albany), Jeans' Realty, El Nido Market, Lucky Stores, Inc., Flowerland, Zari's Delicatessen, MacFarelane's (El Cerrito), George G. Chin Agency, Lucky Lanes and Old Hickory Bar-B-Que Pit, Albany High School Class of 1980

Note of thanks



Louise Berman

—Time Journal photo by Michael Russell

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School board wrangles over hiring of English teacher

By ROBERTA ALEXANDER

ALBANY — The high school got itself a new English teacher for next year, but not without more than an hour of debate and vehement protest from the teachers' union.

A resolution to hire Josephine Schroeder to teach English, speech and drama was added orally to the consent calendar at last week's board meeting. Teacher representative Charles Clarke promptly objected.

"We understood that there would be no new hiring until some sort of money proposal is made in negotiations," he said.

The board had decided earlier this spring not to negotiate money items with the teachers' association until it learned what its actual allocation from the state would be.

Clarke said the teachers have been negotiating "in good faith," and urged the board to postpone the hiring of Schroeder until more budget information was available.

"We must consider the inflation in the Bay Area," he said. "The teachers feel that we are subsidizing this terrific school system; it survives on the shoulders, on the sweat of teachers."

"Some teachers may be willing to give up salary rather than program, but many teachers don't have two salaries at home. They believe in education — they've devoted their lives to it — but they aren't willing

to say that this hiring isn't a money proposal."

Schroeder would not increase the size of the English department, but would replace Dan Delaney, who resigned. New superintendent Steve Goldstone said this was a replacement rather than a new hiring, and that some cuts elsewhere in the high school made up for the salary of another teacher.

English department chairperson Connie Woulf responded that next year's enrollment is not expected to drop, and that there was no one presently on staff who could handle the work. She praised Schroeder as the unanimous choice of all who'd seen her, noting in particular that she was qualified to offer speech and drama electives, which no one else on staff has been able to do.

"People here want qualified staff at the high school, not babysitters," Woulf said.

Clarke bristled. "I take exception to the idea of teachers as babysitters. We view ourselves as instructors."

Clarke also emphasized that his objections had nothing to do with Schroeder's qualifications.

"This person must be outstanding," he said, "but we would like some sort of money proposal before we hire any personnel."

He added that he would prefer to negotiate these items in private, rather than public, sessions.

Woulf said that Schroeder had

been chosen in good faith, and that the job search had predicated the union negotiations.

Negotiations began in March, Clarke responded. After some discussion, high school principal Jim Walker said the job vacancy was posted April 1.

Board member Gerald Brunetti told Clarke that, as a teacher himself, he was particularly sympathetic to the money argument, but that he also was committed to quality basic education, of which English was a vital part.

He referred to the "butchering of the social studies program," and said he was "reluctant to risk losing a strong person in an important subject."

Board member Bonnie Cediel said she found the whole process "discouraging," because with a tentative budget it was impossible to know how much money the district would really have and yet it was necessary to make decisions "with professional people."

Clarke dragged in another negotiating issue — "how can you tell teachers whose classes are over contract size that you're hiring a new teacher?" — and asked that the decision be postponed until next month's board meeting, when more budget information may be available.

He was supported by fellow teacher Al Radford.

"No person is so indispensable that we must take precipitous ac-

tion. I don't agree that this is so urgent that we must set a dangerous precedent," Radford said.

The board then went into executive session to discuss the matter further. Woulf took advantage of the break to chastise Radford for his remarks.

"How could you stab me in the back like that?" she said.

Radford took exception to her words, saying that he was an adult capable of speaking his mind and that he believed in freedom of speech. Woulf retracted her remark and the discussion proceeded along more amiable lines.

The board returned and voted to hire Schroeder, with a rare split vote (Cediel and Bob Nehls voted no).

In other business, the board adopted a compliance plan to conform to the laws requiring accessibility for the handicapped.

Craig Boyan, director of special services, said the compliance plan should have been acted on in 1977, and that the deadline for making the changes was earlier this month.

"But we're not unique in this," he said, reminding the board that the government had written complicated guidelines without providing any money for implementation.

"We've done as good a job as we could," he said.

He said the district was in pretty good shape, with only the children's center and the high school presenting serious difficulties.

Boyan said that the federal government could withhold money from a district that was not in compliance, but that he considered it highly doubtful in Albany.

"With this (plan) on file and our good faith efforts, we should be okay," he said.

Boyan's report noted that since the Federal Rehabilitation Act of 1973, the district has completed two new schools — Marin and the middle school — that conform to the new codes, added an elevator at Cornell and the district office, put in a ramp at the high school and a lift for the handicapped at the pool.

The report concluded that making top priority changes that eventually may be required could bring the bill to \$176,741. The high-priority items, scheduled for this coming year, include providing accessible parking spaces and identification signs at all sites, making the telephones accessible (that is, lower, with Braille numbers) and placing warning strips on stairways.

The board received, but did not discuss, a report on eighth grade test results. The tests, according to assistant superintendent Richard Rosenquist, are more comprehensive than those required by the state and measure reading, spelling, language and arithmetic skills.

For the 90 students (out of a total eighth grade of 165) who took a similar test as sixth graders, there has been more than expected growth in all areas. Spelling scores were 16 months higher than projected; math scores, 15 months.

Of the total class, 224 were

were 16 months higher than projected; math scores, 15 months.

Of the total class, 224 were 16 months higher than projected; math scores, 15 months.

One of the problems now reported is that only slightly more than half the eighth grade been in the school for three years.

The board also approved:

Jean Rapraeger has resigned

Instructional aides Leslie

Caroline Dunham, Holly

Man, Zanee Jelletich and

Blohm have resigned.

Ellen Benson was employed temporary replacement for her

garden teacher Pat Donaldson

on maternity leave;

Patricia Harklewood, teacher

the children's center, is on

unpaid leave to teach in

Samoa.

Budget: teachers won't get 20%

By ROBERTA ALEXANDER

ALBANY — Judging by the tentative budget adopted by the Board of Education at its meeting last week, the district's teachers aren't going to get anything close to the 20 percent pay raise their union is seeking.

Business manager John Fike em-



John Fike

phasized that this is the first of three budgets his office will prepare, and that the final budget is not likely to be adopted until September.

The tentative budget had to be enacted by June 30 in order for the district legally to pay its bills after the start of the fiscal year, July 1. It is based on an educated guess of how much money will come from the state, since the legislature had not enacted an appropriations bill by its June 15 deadline.

It is based on the present authorization bill — AB 8 — and includes a 4.5 percent increase over last year. Fike said that the total \$6.6 million budget "is conservative," based on minimal expectations.

The tentative budget provides slightly less than \$3 million for salaries of certificated staff — mostly teachers. That doesn't include any raise, Fike said, but does provide for pay increases for those teachers who have earned increments according to the present contract.

Where raises might come from is the \$315,782 contingency fund. Historically, the district keeps \$100,000 in the contingency fund for emergency use.

That leaves something more than \$200,000; if the entire amount went to salaries, it would mean a 5 percent pay raise. (Fike's figures indicated that it costs \$40,000 to provide a 1 percent raise.)

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Parks & recreation

ALBANY
The Albany Park & Recreation Department has a schedule of activities for people of all ages during summer. For further information, call the department at 1000 Pablo Ave. or call 644-1000.

The activities include: children's pre-teen tennis clinic; teen tennis lessons; gym class; tennis for children 18 months through nine years old; teenage athletes; plastic ball game; women's softball league; men's softball league; men's liniment ball league; two summer day camps, which will run four three-week sessions; music program

for students in grades four through nine; yoga class for adults and teens; pre-teen pottery; adult and teen pottery; dog training class; pre-school program; cake decorating classes; creative puppetry classes for children ages four through 12; calligraphy classes for teens and adults; and jazzercise classes for teens and adults.

KENSINGTON

Kensington Recreation will accept registration beginning Monday, July 7 for classes at the Youth Hut in dog training, aerobic dance and exercise, and Dim Sum hors d'oeuvres.

Signups will be taken at the Recreation office, 59 Arlington, on Mondays, Wednesdays and Fridays

from 1:30 to 4:30 p.m. Checks can also be sent to: KCC, 59 Arlington, Kensington 94707. For more information, call 525-0292.

Dog Training

Dog training classes will be held on Wednesdays, July 9 to Aug. 13. Beginners will meet from 7 to 8 p.m. Conformation meets from 8 to 8:45 p.m. and advanced dogs will meet from 9 to 9:45 p.m. Fees are \$17 for beginners, and \$2 a class for conformation and advanced.

Handlers must be over 14 years old. Dogs must be at least five months old, have had their shots, and be used to a leash.

Aerobic Dance

An aerobic dance and exercise class, set to music,

will be held on Mondays and Fridays, July 14 to Aug. 15, between 10 and 11 a.m.

The class is designed to improve the heart and lungs and tone muscles. Each

session will include a warm-up and cool-down period.

Instructor Patricia Webb has a masters degree in physical education. The

fee is \$17 for once-a-week

attendance and \$30 for twice-a-week attendance.

Dim Sum

A one-day workshop on the art of preparing Dim Sum will be presented by Lonnie Mock, author of "Favorite Dim Sum" and "141 Chinese-Style Chicken Recipes," on Saturday, July 12 from 9:30 a.m. to 12:30 p.m. Ginger beef

rolls, curried pot sticker

triangles, and Chinese chicken salad will be prepared by the class and served with tea for lunch.

There is a \$3 lab fee and \$8

class fee.

Captioned movies for hearing-impaired children

are free at the Oakland

Public Library. They began

June 14 and are offered on

alternate Saturdays at 2

p.m. The library is located at 125 14th St.

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Oakland, 658-0381.

There are also a number

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Horizon Day Camp in Fremont runs weekly sessions for the mentally handicapped from July 7 to Aug. 8, at \$20/week.

Your news in print

The Times Journal encourages feedback from its readers in the form of letters to the editor and contributions in the following areas: writer's corner, coming events, local history, church news, club news, senior citizen activities, the arts, sports and other outdoor activities.

Items should be typed and double spaced on 8 1/2 x 11 inch paper. The deadline is Thursday at 5 p.m. for publication the following Wednesday. The newspaper reserves the right to edit submissions as it sees fit.

The Times Journal is located at 1247 Solano Ave., Albany 94706. If you have any questions, call 525-2644.

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East Bay hams participate in nationwide 'emergency'

By STEVE KANIGHER

ALBANY — A young man in a recreation vehicle tapped rapid Morse code messages over his ham radio system to other hams throughout North America.

Stationed on the north parking lot at Albany's Golden Gate Fields, Paul Zeppa managed to throw his radio antenna over a nearby 40-foot light pole. He accomplished his feat by casting a sinker with fishing line over the pole. The fishing line was tied to a rope, and the rope was attached to the antenna. The antenna was raised as the sinker fell to the other side.

Hams will do almost anything to get reception, particularly in an emergency. Last weekend, Zeppa and fellow members of the East Bay Amateur Radio Club participated at GGF in the 47th Annual American Radio Relay League (ARRL) Field Day emergency preparedness test.

Thousands of amateur radio operators throughout the United States and Canada participated in the test, using only emergency power and portable antennas from 11 a.m. Saturday, June 28 to 11 a.m. the following day.

When hams contacted one another they exchanged such information as their location, the type of equipment they used and its capability, their call letters, and the number of other ham units in the immediate vicinity. The radio operators were supposed to keep a record of these contacts and mail them to the ARRL in Connecticut, where they will be analyzed and returned to the hams within six weeks.

As an added impetus for radio clubs to participate, the ARRL will rank the clubs according to the number and capability of units on hand and their ability to transmit and receive signals with as little power as possible.

The East Bay Amateur Radio Club, with 75 to 100 members, isn't as big as other clubs and therefore didn't expect to be ranked very high. But they thought they'd get a lot of points through the efforts of Joe Lee.

Lee pedaled steadily on an exercise bike to power a battery. The battery was used to power a transmitter using a little less than five watts (amateur hams are allowed to use up to 1,000 watts with the proper license). Through leg power, he was able to make radio contacts in Brisbane, Fremont and Alcatraz Island, where a ham

radio operator is stationed 24 hours a day.

The hardest part is the first few minutes," Lee said of his pedaling. "After that you don't feel any pain. I've been practicing every night for the past six months so I could get in condition for this. It's awful hard to get started again once you get off."

In an emergency, small, portable ham units with limited power are often more valuable than larger ones because they are easier to transport. That's why the ARRL would award top points to Lee.

Club member Don Waits of El Cerrito explained that ham radios are valuable in emergencies because they don't rely on power lines, as this test proved. Many clubs nationwide, he said, have already worked out plans with their local police and fire departments to help set up lines of communication during emergencies.

The East Bay Club chose GGF as a testing site because it is in a flat, open area which is easily accessible and doesn't interfere with anybody else.

Steve Dodge, who stuck a 20-foot portable antenna in sand on the edge of the bay, added that the high electrical conductivity of salt water in the bay makes it easier to transmit and receive messages.

Not everyone had good luck, though. Carl Clark, who got his ham license a few years ago when he was 75, stood around chatting with colleagues as the unit in the back of his station wagon was cooling off.

"I think I overheated the transister on the output line," noted Clark, whose radio was driven by a gas-powered generator. "When you blow the transisters up it shuts down, period."

Some of the club members wore hats with their first name and call letters. Clark's call letters, for instance, are WA6KTL. The 'W' stands for the United States and the '6' stands for a specific region including the Bay Area.

The old-timers liked trading stories about their experiences over the air. Charles Henry, a ham for the better part of this century, spoke of one time when he made contact with the only known ham operator in Tibet. He also related a story about his brief contact with Arizona Senator Barry Goldwater.



—Times Journal photo by Christopher Agler

Joe Lee and his dog, Fluffy, do their engineering the hard way

"A few years ago he was out here at a ham convention and he had a portable rig set up in his hotel room," Henry recalled. "I was in my home station in Richmond. He just said his name was Barry and told me what type of rig he was running."

"Of course, there were a lot of people trying to work him at the same time. So he'd clear one and another one would come right in."

Henry knew it was Goldwater because hams receive annual code books, listing the names, locations and call letters of every ham operator. Henry said other famous hams include TV personality Arthur Godfrey and King

Hussein of Jordan.

Waits said the club plans to conduct a radio operation for beginners sometime in August.

"It takes about the same amount of knowledge to get a driver's license for your car," he marked.

The East Bay Amateur Radio Club meets on Friday of the month at 7:30 p.m. at the Salvation Army, 36th Street in Richmond. For information on club activities, call Dave Tyler at 525-2333.

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Staying healthy

Appetite suppressants

Appetite suppressants used in the short-term (a few weeks) treatment of obesity. For a few weeks, these medicines in combination with dieting can help you lose weight. However, since their appetite-suppressing effect is only temporary, they are useful only in the first few weeks of dieting until new eating habits are established. These medicines are not effective for long-term use in diet control. These medicines are available only with your doctor's prescription. This information applies to the following medicines: common brand names are included in parentheses.

Phentermine (benzphetamine) "Didrex" (benzphetamine) (klor-ter-meen) "Premermin" (klor-ter-meen) "Voramil" (klor-ter-meen) "Voramil" (dye-eth-il-propion) "Ten-pep-on" (Ten-pep-on) "Ten-pep-on" (dye-eth-il-propion) "Ten-pep-on" (fen-dimazetramine) (fen-dimazetramine) (fen-MET-ter-mine) "Preludin" (FEN-ter-mine) "Adipex, Fastin"

Proper Use of This Medicine Take this medicine only as directed by your doctor. Do not take more of it, do not take it more often, and do not take it for a longer period of time than your doctor ordered. If too much is taken, it may become令人困惑的。

If you are taking the medicine, take the last dose each day about 4 to 5 hours before bedtime to prevent trouble in sleeping.

If you are taking the medicine, take the last dose each day about 4 to 5 hours before bedtime to prevent trouble in sleeping.

Note: After such stimulant effects have worn off, drowsiness, trembling, un-

Precautions While Using This Medicine

- Your doctor should check your progress at regular visits.
- Caution:** Diabetes — This medicine, when used with a low-calorie diet for weight loss, may affect blood sugar levels. If you notice a change in the results of your urine sugar test or if you have any questions, check with your doctor.
- Dryness of the mouth may occur while you are taking this medicine. Sucking on hard sugarless candy or ice chips or chewing gum may help relieve the dry mouth.
- This medicine may cause some people to feel a false sense of well-being or to become dizzy, lightheaded, drowsy, or less alert than they are normally. Make sure you know how you react to this medicine before you drive, use a machine, or do other jobs that require you to be alert.

Side Effect of This Medicine

- Along with its needed effects, a medicine may cause some unwanted effects. Although not all of these side effects appear very often, when they do occur they may require medical attention. Check with your doctor if any of the following side effects occur:

- False Mood or Skin rash or hives**
- Other effects may occur which usually do not require medical attention. These side effects may go away during treatment as your body adjusts to the medicine. However, check with your doctor if any of the following side effects continue or are bothersome:

- More common**
- False sense of well-being
- Restlessness
- Trouble in sleeping

Note: After such stimulant effects have worn off, drowsiness, trembling, un-

usual tiredness or weakness, or mental depression may occur.

Less common

Blurred vision: Frequent urge to urinate or increased urination.

Changes in sexual desire or decreased sexual ability: Headache.

Constipation: Nausea or vomiting.

Diarrhea: Stomach cramps or pain.

Difficult or painful urination: Unusual sweating.

Dizziness or lightheadedness: Unusually fast, pounding, or irregular heartbeats.

Dryness or mouth or unpleasant taste: Stomach cramps or pain.

• Although not all of the side effects listed above have been reported for all of these medicines, they have been reported for at least one of them. However,

since all of the appetite suppressants are very similar, any of the above side effects may occur with any of these medicines.

• After you stop using this medicine, your body may need time to adjust. The length of time this takes depends on the amount of medicine you were using and how long you used it. During this period of time, check with your doctor if you notice any of the following side effects:

Mental: Trembling depression.

Unusual Nausea or tiredness or weakness.

Stomach cramps or pain.

• Other side effects not listed above may also occur in some patients. If you notice any other effects, check with your doctor.

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Recent league results at Golden Gate Lanes

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SCATTERPINS: Diane Ehrhart 229-555, Mary McGee 198-495, Alois Hammett 180-493.

JUBILLEE: Verne LaVigne 179-520, Jan Cooper 211-540, Diane Ehrhart 229-555, Dave Padilla 214-596.

AFTER FOUR: Tim Ferguson 202-522, Jim Riddle 200, Robert Archuleta 207-191, Rhonda Armstrong 180-191, Michelle Lau 191-215.

513 CLASSIC TRIO: Lou Wehran 188-525, Fred Allums 219-593, Chas Mitchell 242-617, Phil Shafer 189-522, Carolyn Wayne 167-447, Diane Ehrhart 229-555.

HIS & HERS: Al Hirshman 204-522, Vicki James 196-549, Carolyn Miles 208-549, Myrna Stoddard 196-549, Diana Ehrhart 200-521, Diane Ehrhart 229-555.

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EARLY BIRDS: Nonie Leaf 194-503, Tammy Gilespie 190-544.

RENT OR BUST: Adi Brown 208-564, Lea Collier 196-549, Linda Savage 202-565, Juanita Chapman 192-493.

H.I. LIFE: Theresa Reisspass 214-526, Marilou Williams 196-549, Linda Randolph 244-631, Linda Brooks 216-614.

CASH OR CHIPS: Lorrie Heath 180-182-482, Lili Brinkley 188-480, Greta Beckerville 186-482.

PEPSI COLA: Sue Gilpatrick 196-516, Mike Gilpatrick 227-539, Mike McKendry 233-539.

ALLEY KATS: Peaches Stuart 195-519, Semper Fly 190-519.

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NEVADA TAHOE TOURS LAS VEGAS: Ollie Sessoms 189-509, Dave Avrin 222-581, Ses Sessoms 189-509, Alberta Stoudamire 203-567.

YOUNG AT HEART SENIORS: Miss Westra 201-554, Joe Foglietti 203-554, Steve Balayor 190-538, Sid Karas 190-548, John Ross 191-531, Queen Prentiss 190-531, Carol Clegg 189-548, Chuck Kiser 196-534, Juanita Chapman 196-485, Mary Scott 161-440, Jennifer Davis 174-511, Parkey Moore 189-429, Connie Marchese 196-429.

SOCIAL SECURITY: Allen Johnson 182-419, Richard Balaga 193-480, Tony Wilson 165-467, Ruthie Sanders 174-407, Donna Moore 187-440, Brenda Collins 178-504, Linda Johnson 190-480, Margaret Davis 167-445, Jean Mitchell 185-472.

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MECHANICS BANK: La Vonne Boyle 191-447.

CUTTER LAB: Carolyn Brown 185-538, Margaret Sneed 207-510, Percy Langston 213-510.

EARLY BIRDS: Nonie Leaf 194-503, Tammy Gilespie 190-544.

RENT OR BUST: Adi Brown 208-564, Lea Collier 196-549, Linda Savage 202-565, Juanita Chapman 192-493.

H.I. LIFE: Theresa Reisspass 214-526, Marilou Williams 196-549, Linda Randolph 244-631, Linda Brooks 216-614.

CASH OR CHIPS: Lorrie Heath 180-182-482, Lili Brinkley 188-480, Greta Beckerville 186-482.

PEPSI COLA: Sue Gilpatrick 196-516, Mike Gilpatrick 227-539, Mike McKendry 233-539.

ALLEY KATS: Peaches Stuart 195-519, Semper Fly 190-519.

HEALTH SERVICE: Lorrie Holmes 203-556, Robert Bland 204-545, Rochelle singleton 188-482.

GUY'S & DOLLS: Clio Johnson 183-492, Willie Hardsay 258-598.

NEVADA TAHOE TOURS LAS VEGAS: Ollie Sessoms 189-509, Dave Avrin 222-581, Ses Sessoms 189-509, Alberta Stoudamire 203-567.

YOUNG AT HEART SENIORS: Miss Westra 201-554, Joe Foglietti 203-554, Steve Balayor 190-538, Sid Karas 190-548, John Ross 191-531, Queen Prentiss 190-531, Carol Clegg 189-548, Chuck Kiser 196-534, Juanita Chapman 196-485, Mary Scott 161-440, Jennifer Davis 174-511, Parkey Moore 189-429, Connie Marchese 196-429.

SOCIAL SECURITY: Allen Johnson 182-419, Richard Balaga 193-480, Tony Wilson 165-467, Ruthie Sanders 174-407, Donna Moore 187-440, Brenda Collins 178-504, Linda Johnson 190-480, Margaret Davis 167-445, Jean Mitchell 185-472.

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Clubs

ALBANY

American Legion

Coming events include July 5, bingo; and July 18, regular post meeting.

Retired Person's

Future chapter tours are July 21, Half Moon Bay; August 24, Drakes Bay; Sept. 21, Santa Cruz. For information and reservations, call 526-8757 after 3 p.m.

Persons 55 years and over are invited to join.

Albany Rotary

Albany Rotary Club meets Tuesday at 12:30 p.m. at Spenger's Fish Grotto in Berkeley.

Albany Lions

Albany Lions Club meets Thursday at 7 p.m. at Kirby's in El Cerrito Plaza. Coming events include the traditional watermelon eating contest for children on July 4.

EL CERRITO

Rotary

El Cerrito Rotary Club meets Thursday at 12:15 p.m. at the Cerrito City Club, 1600 Kearny.

Native Daughters

The audit committee will meet at 7 p.m. proceeding the regular business meeting of Cerrito de Oro Parlor 306, Native Daughters of the Golden West, July 2 at St. John's Hall, 6712 Portola Drivie, El Cerrito.

Aileen Lamson, president, will preside. Plans will be finalized for installation of officers on July 16.

Ethel Murphy, delegate to Grand Parlor, will report on proceedings. Marge Jacobson served as delegate.

THOUSAND OAKS

Northbrae Women's

At this month's meeting of the Alameda district of the California Federation of Women's Clubs, Northbrae branch was represented by Mrs. Arch T. Sparrowe, Mrs. L.K. Wood, Alice Grundt, Marjorie Bonethorn and Mrs. Charles Mooney.

EAST BAY

Jewish Singles

On Thursday, July 10, at 6 p.m., the East Bay Solo Set will hold its monthly planning meeting at the Oakland Jewish Community Center, 3245 Sheffield Ave., Oakland. Bring a brown bag for dinner. It will be followed at 8 p.m. by Arnold Nash, executive director of the Jewish Family Services, talking on "The influence of ethnic background on the sex attitudes of males, and the implications for relationships."

There is no charge for the evening. For additional information, contact the Jewish Center at 533-9222.

Wanna sell something?

The Times Journal can help.

525-2644

YOUR TICKET TO FAMILY FUN

1980

ALAMEDA COUNTY FAIR
June 22 - July 6

DON'T MISS THESE

ALL STAR ATTRACTIONS

FOR FAIR PATRONS - 6:00 & 8:00 P.M. DAILY

* Jim Stafford

Monday, June 30

* Doug Kershaw

Tuesday & Wednesday, July 1-2

* LOU RAWLS

Thursday, July 3

* ANACANI

Friday, July 4

* AND BIG TIME VAUDEVILLE ACTS

Saturday & Sunday, July 5-6



A BIG Value at a FAIR price

BART GOES TO THE FAIR TOO!

BART EXPRESS BUS SERVICE will be available daily from 6 a.m. to 8:30 p.m. to BART Bus Station in Pleasanton at First and North Streets, returning via regular route to Hayward.

FREE SHUTTLE SERVICE will be provided from First and North Streets, returning to BART Bus Station to FAIRGROUNDS Main Gate, daily from 10:00 a.m. to 8:00 p.m. as required.

Normal BART fare will result for persons surrounding the special BART FAIR schedule from 8:00 a.m. until 12:00 midnight daily.

For Fair Times & Prices

SPECIAL PROMOTIONAL DAYS

MONDAYS, June 22 & 29. Discount Admission requires a purchase of Wendy's \$1.00 meal.

COCA-COLA DAY - Monday, June 22. Buy a Coke and a Wendy's meal and get a free meal.

DESTRUCTION DAY - Monday, June 29. Buy a Wendy's meal and get a free meal.

THE FAIR IS YOUR BEST ENTERTAINMENT BUY

Summer fun

"Creative Puppetry" at the El Cerrito Community Centers is one of hundreds of classes, events, tours and activities listed in the 1980 version of "Things to Do This Summer in Berkeley and the Bay Area for Children, Teens and Families." Available at toy and bookstores or by mail (\$3.75) from M. Brevin, 2244 Summer St., Berkeley 94709.

Times Journal photo by Christopher Agier

Out of doors

Play areas for children can be compatible with adult leisure areas, flower and vegetable gardens.

Sandboxes and swing sets provide hours of entertainment for children but the equipment can be rather awkward if placed center-stage in the yard. Instead, place them off to the side where they can still be in full view from a kitchen or family room window. Plant a row of low-growing shrubs such as hebes, azaleas or creeping rosemary on three sides of the area to give it easily defined limits.

Use fir bark as ground cover around the swing set to keep the dust down and the weeds checked. If some fir bark from the area is

kicked under bushes, no harm is done — it'll just weather.

An oblong, circular sidewalk provides a great tricycle path or roller skating rink. A lawn in the center would make a great play surface or picnic area for the kids. A vegetable or flower garden in the center is another possibility. If children help with planting, it may help them gain respect for living things and deter them from trampling any plants.

You can blend playhouses into the landscape with the use of tall shrubs. Plant shade trees to keep the children comfortable.

If feeding with mowing green up camellias, use an

• Take hanging and set under a sprinkler even and then to incomplete roots.

• Bougainvillea should be intensified by the plants on the all, chances are received water.

Foreign Auto Care

Professional Service Electronic Equipment



VW • TOYOTA • DATSUN • HONDA • RABBIT
• DASHER • PORSCHE • BMW • VOLVO

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El Cerrito 525-0503 1310 San Pablo Ave.
Berkeley 525-4211 VISA

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christian
academy**
REGISTERING
FOR FALL

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- Academic quality for 30 yrs
- Remedial reading
- Member of Association of Christian Schools Int'l.
- Extended care
- Office Hours 9-noon
- 431 Rincon Ln. John Fong, Principal
El Sobrante 223-9550

Sweet Adelines
Harmony Bay Chapter of Sweet Adelines Inc., a women's singing organization, meets every Wednesday evening from 7:30 to 9:30 p.m. at the First Congregational Church of Berkeley, 2345 Channing Way. For information and reservations, call Deanna at 525-1196.

BEST FOODS
32-OZ. JAR

1.39

Kilpatrick's
FRESH BUNS
HAMBURGER - HOT DOGS - 8'S PKG.

37¢

Bonnie Hubbard
CHARCOAL BRIQUETS
10 POUND PACKAGE

1.49

HILLS BROS.
GROUND COFFEE
2 POUND TINS

5.29

Farm-Fresh Produce

TOMATOES
FANCY RED
Garden Fresh Firm Ripe
39¢

SWEET CORN
LARGE GOLDEN
Garden Fresh Tender Kernels
5 FOR 99¢

LETTUCE
CRISP ICEBERG
Garden Fresh
3 FOR 89¢

PEACHES
Large Freestone Fancy Sweet Ripe
U.S. No. 1 Sweet Fancy Whole Red Ripe
15¢

WATERMELON
NECTARINES
GOLDEN SWEET Fancy Large lb.
49¢

APRICOTS
JUMBO SWEET ROYAL Fancy Sweet Ripe lb.
69¢

JUMBO SWEET CANTALOUPES
FANCY TROPICAL MANGOES
CALIFORNIA VALENCIA ORANGE
GARDEN FRESH SPINACH
TENDER CRISP CELERY

FOOD FARM

EL CERRITO - 10700 SAN PABLO AVE.
OAKLAND - 14th St. & 25th Ave.
7 DAY SALE
EXCEPT FRESH MEATS AND PRODUCE
STORE HOURS
MON. THRU SAT. 9 A.M.-9 P.M.
SUNDAY 10 A.M.-7 P.M.
INCLUDING FRESH MEATS
WE RESERVE THE RIGHT TO LIMIT

FOOD FARM

SALAD OIL
24-OZ. BOTTLE
79¢

PREMIUM ICE CREAM
Foremost 1.69
1/2 Gal.

TRIVE-OUT CHICKEN
FRIED CHICKEN

COCA COLA • FRESH SPRITE
and TAB 6 12 oz. cans

SEVEN-UP Regular & Diet 6 12 oz. cans

ALL FOOD FARM MARKETS WILL BE OPEN FRIDAY JULY 4 9 A.M. TO 6 P.M.

BAR-B-Q SAUCE
FRUIT DRINKS
POTATO CHIPS
DILL PICKLES

Gala Family NAPKINS
LIQUID DETERGENT
65¢ Sweetheart 32 oz. 59¢ 18 in. x 25 ft. 59¢ 18 in. x 25 ft. 59¢

Bonnie Hubbard
FOIL WRAP

Picnic Beverage Sale
COCA COLA • FRESH SPRITE
and TAB 6 12 oz. cans

PURINA DRY CAT CHOW
PURINA GOOD NEWS CAT FOOD
HOT or COLD FOAM CUPS Bonnie Hubbard
KITTY QUEEN ASST. CAT FOOD
KAL KAN MEALTIME BITS
AIRWICK CARPET FRESH

INSTANT COFFEE
HIGH YIELD COFFEE
Instant Tasters Choice
Instant Tasters Choice Decaffeinated Coffee
Broken Pitted Olives
EX. Large Pitted Olives
ASST. Pickle Relish
Creamy Mustard
Burger Sauce
Big "H" Hot Sauce

Darigold BUTTER
Grade "AA"
Lb. 1.79

BLUE SEAL MARGARINE
BERKELEY FARM COTTAGE CHEESE
BONNIE HUBBARD CREAM CHEESE
BONNIE HUBBARD CHIP DIP
MINUTE MAID ORANGE JUICE
MINUTE MAID GRAPEFRUIT JUICE
MINUTE MAID CHILLEDADE

Seasoned Salt
Chili Con Carne & Beans
Long Grain Rice
Chili Beans
Beef Ravioli
Baked Beans
Bacon Bits
Fruit Stand
Bartlett Pears
Chopped Mushrooms
Sliced Mushrooms
Mixed Vegetable
Dietete

Nutaid EGGS
Fresh Large Grade "AA"
Doz. 69¢

CHILI CON CARNE & BEANS
Long Grain Rice
Chili Beans
Beef Ravioli
Baked Beans
Bacon Bits
Fruit Stand
Bartlett Pears
Chopped Mushrooms
Sliced Mushrooms
Mixed Vegetable
Dietete

Rath's BACON
Sliced First Quality Lb. PKG. 1.29

Alaska Snow CRAB LEGS
Frozen Cooked Lb. PKG. 1.98

John Morrell BEEF FRANKS
First Quality Lb. PKG. 1.30

Smoked Turkey Breast
Norbest Hickory
Norbest Turkey Breast
Oven Roasted
Link Sausages Smoked
Garlic Sausages Delicious

INSTANT COFFEE
High Yield Coffee
Instant Tasters Choice
Instant Tasters Choice Decaffeinated Coffee
Broken Pitted Olives
EX. Large Pitted Olives
ASST. Pickle Relish
Creamy Mustard
Burger Sauce
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Doz. 69¢

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Garlic Sausages Delicious

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First Quality Lb. PKG. 1.30

Smoked Turkey Breast
Norbest Hickory
Norbest Turkey Breast
Oven Roasted
Link Sausages Smoked
Garlic Sausages Delicious

For a Fabulous Holiday Treat - Serve Food Farm Meat

BEEF ROUND STEAK Tender Boneless Center Cut Lb. 2.29
BEEF PORTERHOUSE STEAK Extra Tender Loin Cut Lb. 3.29
BEEF T-BONE STEAK Extra Tender Loin Cut Lb. 3.29
BEEF CROSS RIB ROAST Tender Boneless Chuck Lb. 2.19
BEEF CHUCK ROAST Lean Juicy Blade Cut Lb. 1.39
BEEF PLATE SHORTRIBS Lean Meaty Lb. 98¢
FRESH REGULAR GROUND BEEF Does Not Exceed 30% Fat Lb. 1.39
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FRESH YOUNG FRYING RABBITS Lb. 1.89

SMOKED TURKEY BREAST Norbest Hickory
NORBEST TURKEY BREAST Oven Roasted
LINK SAUSAGES Smoked GARLIC SAUSAGES Delicious

Food Farm Features A Wide Selection
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Safety first

Confidence games

you are chatting with a passerby on a street corner and an 18-year-old woman comes holding a paper "Look at this," she says. She reaches into her hand and emerges with crisp new twenty-dollar bills.

"What makes you think it's not?" It is most the first act in an drama that ends with a young man revealing untold numbers of Americans of their confidence.

because of its insidious nature, the confidence game is one of the most difficult crimes to protect against," says King, chairman of International Security Company. "The victim becomes an unwitting accomplice for this reason, it is likely our most unreliable."

the next step in this game — known to the "bogus" or "book drop" — is for men to offer to split the money. "Because we all about it," she explains the passerby.

"Wait a minute. We know whom that belongs to. We could get into trouble." He suggests that the course of action take the money to his lawyer for advice.

the woman then questions the man's integrity. "Do we know we can trust you?" she asks. At point the man says, "I have an idea. Why don't we take the money to my attorney?" Both look at each other and nod vigorously.

they ask that you give \$2,000 to hold while go to the attorney's office. They suggest that you take the lion's share of money for solving the case of who will take money to the lawyer.

priced, you go to your withdraw the \$2,000 and give it to the two. They give the bag and the key card. When you at the address on the card you find it is a laundry. And when you open it is filled with paper.

you are the victim to one of the tricks in the book.

immediate reaction may be, "I would be so foolish." But be sure. The three elements in the confidence game are greed, gullibility and good faith, and crucial requirement for success is winning the victim's confidence.

though many confidence games follow scripts similar to the above, their are limited only by imagination of man.

one of the favorite games of confidence men are the so-called self-sold merchandise. Once approaches you offers to sell a brand new television set for \$100. When you ask where it from, the saleswoman says, "You know this kind of stuff," he

pay him the \$50, and you to meet him at a warehouse. He never shows up, you have just been a victim.

now is your chance to go to the police and tell them you have just been robbed by a man who offered you a new television for one-tenth of the price? Probably not. Embarrassing question would result. Most all victim to this type of confidence game do

cause of their vulnerability, senior citizens often targeted by confidence men for a wide variety of schemes. Perhaps most prevalent of these confidence swindlers

will call on the telephone and identify himself as a bank examiner investigating a local bank. As the intended victim has an account in the bank.

the con man will

hand him a list of the

and can im-

the victim by telling

particulars about his

comes the trap. The "detective" tells his com-

the suspect's fraud

United States

Service" (there is

is) asks his com-

in the investiga-

swindler suggests

the victim withdraw a

small sum of money

his savings. The "fed-

keeping until the bank opens the next day. The victim agrees and, of course, that is the last he sees of his savings.

In this case, the con man appealed to the goodness — or patriotism — of the victim. In reality, no bona fide investigator for any local,

state or federal agency will ask you to withdraw money from your bank account for any reason.

How can we protect ourselves from confidence men? By following some simple common sense rules:

• You Never Get

Something for Nothing — If any stranger offers you something valuable for free, be suspicious. If the person requests a sum of money "as a sign of good faith," notify the police.

• "Finders Keepers" may be "Finders Weepers" — Many con games hinge

on apparent good luck in the police — Most police departments have a special section that deals with confidence games called "the bunco squad." An expert from this section is your best advisor when you are suspicious that someone is trying to involve you in a confidence game.

• When in doubt, involve

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ALL THE TIME!**

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KESSLER 1.75 LITER	12.99
OLD CROW 1.75 LITER	14.29
OLD GRAND-DAD 750 ML	8.25
WILD TURKEY 101° 750 ML	12.69
DAVIES COUNTY 86° 1.75 LITER	12.79
BOURBON SUPREME 86° 1.75 LITER	11.99
SEAGRAMS 7 750 ML	6.29
	4.39

BRANDY	
A.R. MORROW 1.0 LITER	7.09
CHRISTIAN BROTHERS 1.75 LITER	14.99
KORBEL 1.75 LITER	14.99
PEDRO DOMECQ FUNDADOR 750 ML	9.49
PRESIDENTE 750 ML	7.99
STOCK 84 1.75 LITER	14.59
	10.69

CANADIAN WHISKEY	
BLACK VELVET 1.75 LITER	13.69
CANADIAN CLUB QTS.	10.49
CANADIAN LTD 1.75 LITER	12.99
CANADIAN MIST 1.0 LITER	7.89
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	5.99

COGNAC	
COMONDOR 3 STAR 750 ML	10.59
COURVOISIER VS 750 ML	15.59
HENNESSY VS 500 ML	10.29
MARTELL 3 STAR 750 ML	14.99
	7.99
	12.59
	8.39

GIN	
BEEFEATER 750 ML	9.59
FLEISCHMANN'S 1.75 LITER	11.99
GILBEY'S 1.75 LITER	12.39
GORDON'S 1.75 LITER	12.39
SEAGRAM'S 1.0 LITER	7.29
TANQUERAY QTS.	11.69
	6.59
	8.39

LIQUEURS	
OLD BUSHMILL IRISH WHISKEY 750 ML	9.49
AMARETTO DI SARONNO 750 ML	12.79
COINTREAU 750 ML	13.29
DRAMBLIE 750 ML	13.79
GALLIANO 10TH.	6.39
KAHLUA 750 ML	10.99
BAILEY'S IRISH CREAM 750 ML	13.99
	7.59
	9.39
	10.49
	5.99
	11.29

CIGARETTES
REGS. & KINGS
100's CARTON

IMPORTED WINES	
LANCERS ROSE, WHITE 750 ML	2.99
MATEUS ROSE, WHITE 1.5 LITER	5.49
CELLA LAMBRUSCO 750 ML	1.79
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PASQUA SOAVE, VALPOLICELLA, BARDOLINO 1.5 LITER	2.99
VILLA VERDI FRASCATI 750 ML	99°
CONFORTI CHANTI 750 ML	1.19
FONTANA CANDIDA FRASCATI 1.5 LITER	3.69
BLUE NUN LIEBRAUMILCH 750 ML	2.99
JADOT BEAUVILLIERS ROUGE 750 ML	3.79
KREUSCH MOSELBLUMHOFEN 750 ML	2.99
KREUSCH ZELLERSCHWARTZ KATZ 750 ML	2.99
CONCERT LIEBRAUMILCH 750 ML	1.89
DRY SACK SHERRY 750 ML	5.19
HARVEY'S BRISTOL CREAM 750 ML	5.99

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325-10TH. ST.

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OPEN MON.-SAT. 9-6

SUNDAY 10-6



WE DISCOUNT ALL ITEMS ALL THE TIME!



WE DISCOUNT ALL ITEMS ALL THE TIME!

WE DISCOUNT

Churches

(Continued from Page 10).

KENSINGTON

First Unitarian Church of Berkeley
The church (at 1 Lawson Road, Kensington) continues its summer program under guest minister Charlie
Marshall, who will preach Sunday, July 6, at 10:40 a.m.
At 8:30 each Sunday, the East Bay Forum meets in

the fireside room of the church, and the seminar meets in the quietest room.

Each Sunday during summer, the Sunday seminar will discuss The Aquarian Conspiracy, a new book by Marilyn Ferguson, editor of the Brain/Mind Journal. This book surveys the revolution in human consciousness which is taking place in science, psychology and in religion. Martha Helmung will lead this seminar each Sunday at 9:30 a.m.

In late August, Rev. Richard Boeke will return from Japan to lead the seminar on the work of Berkeley author Theodore Roszak. Roszak has accepted an invitation to give the Lawrence lecture at the church at 8 p.m. on Friday evening, Oct. 17.

Class in Unity Principles

Adele Fuller, a licensed teacher, leads a study class in unity principles — a branch of the Lakeside Temple of Practical Christianity — on Thursday from 11 to 12 p.m. at 445 Colusa Ave., Kensington.

The test used is "Solving the Problem of Supply" by Frederick Keeler. All are welcome. For more information, call 531-7357.

church organist for the past six years, will be honored during coffee time after the service.

Midway through the worship service (10:30-12) children kindergarten through sixth grade are invited to a special summer children's program "Stories of Jesus." Parables will be taught through films, music, art and drama. Child care is provided.

The youth/adult summer sharing series held at 11:20 will feature "Clowning and miming the Bible" with the Pools Rush in mime troupe.

Sunday evening at 6:30 p.m. the youth fellowship meets. At 7 p.m. a regular prayer workshop is held.

The church is located at 1953 Hopkins St., Berkeley, telephone 524-2921.

EAST BAY

Epworth United Methodist Church

Sunday Worship on July 6 at 10 a.m. will feature Pastor Dave Sloope preaching the sermon. A children's sermon will be included for all ages. Gerald Skeels,

PARK and SHOP COOL SAVINGS

PARK AND SHOP MARKETS OPEN 10 A.M. TO 7 P.M., FRIDAY, 4th OF JULY

SUPER DISCOUNT VALUE

\$1.23 VALUE

TISSUE 85¢
4-ROLL PKG.

CORONET TOILET TISSUE

SUPER DISCOUNT PRICE!

Mixers

SCHWEPPES SODA, GINGER ALE,
TONIC, COLLINS MIX. 55¢ VALUE3 FOR \$1
(PLUS
BOTTLE
DEPOSIT)

SUPER DISCOUNT PRICE!

Ice Cream

CARNATION BRENTWOOD, ALL POPULAR FLAVORS.
\$1.69 VALUE

1/2 GALLON \$1.49

\$5.69 VALUE

SUPER DISCOUNT VALUE

(1-lb. TIN \$3.19)

HILLS BROS. 2-lb. TIN

\$5.19

SUPER DISCOUNT PRICE!

Charcoal

NEW! KINGSFORD MATCH
LIGHT. \$1.49 VALUE

\$1.39

SUPER DISCOUNT PRICE!

Buns

BUTTERNUT HOT DOG OR
HAMBURGER 55¢ VALUE

39¢

SUPER DISCOUNT PRICE!

SUPER DISCOUNT PRICE!

Cola

ROYAL CROWN OR DIET RITE.
\$1.29 VALUE

2-LITER BTL. \$89¢

SUPER DISCOUNT PRICE!

Crackers

SUNSHINE WHEAT WAFERS,
HI-HO, CHEEZ-IT \$1.09 VALUE

16-OZ. PKG. \$85¢

SUPER DISCOUNT PRICE!

Napkins

ZEE 37¢ VALUE
60 COUNT PKG.

3 for \$1

BEER 12-OZ. TINS
12 PACK \$3.49

SUPER DISCOUNT PRICE!

Margarine

IMPERIAL 89¢ VALUE

1-lb. CUBE 65¢

SUPER DISCOUNT PRICE!

Ice Cream

DREYER'S \$3.19 VALUE
(OT. \$1.69)

1/2 GAL. \$2.95

SUPER DISCOUNT PRICE!

Decaf

DECAFFEINATED INSTANT
COFFEE \$5.69 VALUE (NESCAFE
DECAFFEINATED 4-OZ. JAR
\$2.39)

8-OZ. JAR \$4.49

SUPER DISCOUNT PRICE!

Gin

BEEFEATER 94 PROOF

750 ML \$7.59

SUPER DISCOUNT PRICE!

Vodka

ROYAL GATE 80 PROOF

1.75 LITER \$7.99

SUPER DISCOUNT PRICE!

Whiskey

OLD CROW BOURBON 60 PROOF

1 LITER \$6.49

SUPER DISCOUNT PRICE!

Fresh Eggs

RANCH-PAK
LARGE GRADE AA

DOZEN 69¢

SUPER DISCOUNT PRICE!

Briquets

BONNIE HUBBARD
\$1.79 VALUE

10-lb. BAS \$149

SUPER DISCOUNT PRICE!

Canned Hams

CUDAHY
BAR-S
OVEN READY
5-lb. CAN \$6.99

FARM FRESH PRODUCE

Peaches

YELLOW, LARGE SIZE

39¢

Nectarines

YELLOW, LARGE SIZE

lb. 39¢

Cantaloupes

VINE RIPENED

lb. 29¢

Choice Meats & Poultry

Pork Butt Roast

Canned Hams

CUDAHY
BAR-S
OVEN READY
5-lb. CAN \$6.99

Fresh Ground Beef

ANY SIZE PACKAGE.
DOES NOT EXCEED
30% FAT

Smoked Pork Chops

1.29
lb. 1.29

Cross Cut Veal Shank

1.99
lb. 1.99

Veal Breast Fresh Pork Link Sausage

1.69
lb. 1.69

Veal Breast Fresh Pork Link Sausage

1.39
lb. 1.39

Armour Star Whole Young Turkey

1.79
lb. 1.79

Fancy Sliced Bacon

1.09
lb. 1.09

Veal Breast Fresh Pork Link Sausage

1.79
lb. 1.79

Veal Breast Fresh Pork Link Sausage

1.59
lb. 1.59

Veal Breast Fresh Pork Link Sausage

1.29
lb. 1.29

Veal Breast Fresh Pork Link Sausage

2.19
lb. 2.19

Low, Low Frozen Food Prices!

Bell Peppers

1.29
lb. 1.29

Sugar Peas

1.29
lb. 1.29

Beans

1.29
lb. 1.29

Crisco Oil

1.29
lb. 1.29

Tomatoes

1.29
lb. 1.29

Low, Low Prices!

Peanuts

1.29
lb. 1.29

Plates

1.29
lb. 1.29

Pickles

1.29
lb. 1.29

Sauces

1.29
lb. 1.29

Crisco Oil

1.29
lb. 1.29

Gelatin

1.29
lb. 1.29

Bread

1.29
lb. 1.29

Low, Low Dairy Prices!

Ades

1.29
lb. 1.29

Juice

1.29
lb. 1.29

Margarine

1.29
lb. 1.29

Cot. Cheese

1.29
lb. 1.29

Low, Low Prices!

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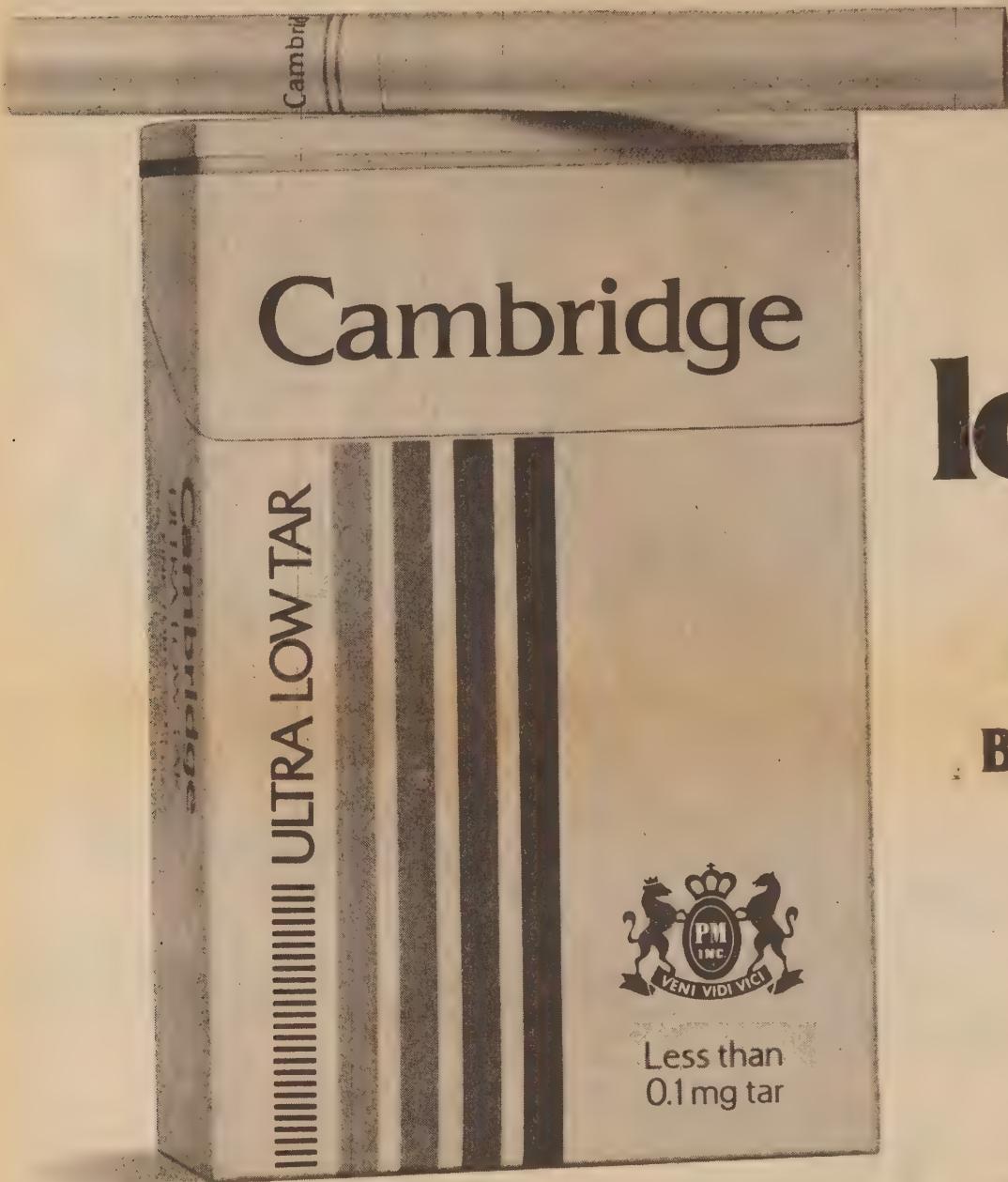
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We Reserve the Right
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Welcome at PARK & SHOP!

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**The
lowest
tar
ever.**

**Box: Less than
0.1 mg tar.**

Cambridge Soft Pack: For easy-drawing smoking satisfaction in an ultra low tar cigarette. Only 1 mg tar.

Cambridge 100's: For satisfying tobacco taste in a longer length, ultra low tar cigarette. Only 4 mg tar.



Warning: The Surgeon General Has Determined
That Cigarette Smoking Is Dangerous to Your Health.

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Box: Less than 0.1 mg "tar," 0.01 mg nicotine—Soft Pack: 1 mg "tar," 0.1 mg nicotine—100's: 4 mg "tar," 0.4 mg nicotine av. per cigarette by FTC Method.

Making crackers faster in Albany

By JIM ALLEN
ALBANY — The man who ex-
posed the secret of San Francisco
French bread has gone through the microscope and found a
way to make faster crackers.

Frank Sugihara says his discovery could revolutionize
the cracker business by saving cracker
makers money and energy while
improving their profits and improving
the taste of their product.

So far, it has not
been a secret. Sugihara and
other scientists at the Department
of Agriculture's Western Regional
Research Center on Buchanan
Street have exposed the secret of what
makes the famous San Francisco
French bread so distinctive.

They found that a previously un-
known bacterium, subsequently
named Lactobacillus sanfrancisco,
gives the bread its unique flavor.

Sugihara, 46, eyed the soda
cracker — an American institution
— and people crinkle and crush into
the tune of \$1 billion a
year.

Recent study by the Biscuit and
Cracker Manufacturers Association
showed that Americans each eat
about 7 pounds of crackers annually, accord-
ing to Joseph Creed, executive vice
president.

After 2½ years of research, Sugihara
developed a procedure — also
involving the isolation of bacteria —
reduces the time it takes to
make a batch of soda crackers from
12 hours to eight hours.

It is technically feasible to make
the process continuous," he said.

Crackers could produce approxi-
mately the same amount of crack-
ers in an eight-hour shift as is re-
quired for three shifts now."

Industry reaction was en-
tirely positive, according to Snack Foods Magazine.

Snack Foods Magazine,
in its publication, in 1978 termed
the discovery — at that time still
unpublished — the "breakthrough of the
decade."

When the industry has not ex-
perimented a model of modernity,
according to Sugihara. He terms
cracker-making "archaic" and
says that it hasn't changed sub-
stantially since the first cracker
was made in 1840.

Traditional cracker-making, a
process or "starter" is allowed to
stand for 18 to 20 hours before the

final mixing of dough is made. That
takes an additional four hours.

Sugihara isolated the three bacteria
in the sponge, which gives the cracker its flavor, then produced a
laboratory pure culture containing
large numbers of those three bacteria.

He found that cracker makers
could produce a decent batch of
sponge within hours, instead of the
usual 18 to 20, if they doused their
dough with the right bacteria to
start with rather than allowing nature
to work at its own pace.

Nevertheless, initial enthusiasm
for Sugihara's finding has waned.

"From my understanding, the
reduction in fermentation time
takes all the flavor out of the crackers," said Creed. "I don't see the
industry being revolutionized over-
night."

They sampled the batch and
their quality control man said he
thought it was just as good as their

T. Frank Sugihara, of the USDA lab in Albany, contemplates a soda cracker

final mixing of dough is made. That
takes an additional four hours.

Sugihara isolated the three bacteria
in the sponge, which gives the cracker its flavor, then produced a
laboratory pure culture containing
large numbers of those three bacteria.

The spokesman, who asked not to be
identified, said Nabisco has been
working in the same area for some
time and has concluded that two
questions are unanswered: Can the
process be used on a large-scale
production basis? And will consumers
accept the taste, texture and appearance
of a faster-made cracker?

Sugihara used his new method to
make a 1,000-pound batch of crack-
ers — in eight hours from start to
finish — at a Midwest Biscuit Co.
bakery at Burlington, Iowa.

"They sampled the batch and
their quality control man said he
thought it was just as good as their

A spokesman for Nabisco, Inc. of
East Hanover, N.J., said Sugihara's
research was "a step in the right di-
rection to producing a saltine cracker
in a shorter time."

The spokesman, who asked not to be
identified, said Nabisco has been
working in the same area for some
time and has concluded that two
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finish — at a Midwest Biscuit Co.
bakery at Burlington, Iowa.

"They sampled the batch and
their quality control man said he
thought it was just as good as their

crackers," he said. "They decided to
package the batch and send it
right out."

Moreover, Sugihara said he had
his crackers sampled by 50 co-workers
who concluded his product was
"as good or better" than the normal
soda cracker bought off the super-
market shelf.

Sugihara said he isn't sure why
the "big boys" such as Nabisco and
Sunshine Biscuit Co. which produce
about 80 percent of U.S. crackers
haven't talked to him about his re-
search.

"They might be interested, but
they don't want to be told how to
do it," he said. "They think they are
the experts in their field. They don't
want a government scientist to tell
them about crackers. They say,
'Who's that guy? What does he know
about crackers?'"

They sampled the batch and
their quality control man said he
thought it was just as good as their

Carrera's four-game total of 896 paces league

ALBANY — Ed Carrara and the week's scoring in
50 Scratch Trios at the Albany Bowl with a
game total of 896. He
right on the nose in the first three games of
126 but failed to
the 900 barrier when
stepped to 195 at the fin-

ishing him for high
honor was George
who had all four
above 200, with a
of 234, for an 884

THURSDAY SUMMER SLEEPERS—Rich
Lyon, 209-54, Carl Hendry, 189-508, Karen
Nightingale, 190-54, Ron Alexander, 191-
500.

PLAZA SPECIALISTS—John C. Neff, 224-
489, Steve Williams, 209-503, Don Morris, 182-
489, Elane Engel, 190-488, Cathy Williams,
190-484.

THURSDAY MIXED FIVES—Bill Page, 197-
525; Dan Pitta, 180-517; Leo Pez, 213-513;

Mike Maahs, 178-505; Glenn Vozzon, 197-
520; Alvin Nunez, 180-510.

ALBANY TRAVELERS—Rod Sparks, 237-
657; George Schaber, 201-543; Dwayne La-
Fond, 195-518; Shirley Saxon 188-487; Gloria
Medic, 184-457.

BONANZA BLUE CHIP—Gloria Romeo, 180-
500.

181-521; Anna Bishop, 176-482; Lucy Bel-
lomy, 170-481; Jo Kaurin, 189-477; Emerge-
nce, 180-472.

WEEKENDERS—Clarence
McGhee, 214-505; Ray Butcher, 174-469

POST OFFICE—D. Grady, 236-510; Ben
Parker, 192-507; Jameson, 180-503;

Ralph Patterson, 182-531; Felix Farnish, 180-
522; Willie Lyles, 223-516; Larry Barnes, 181-
504; Tom Harson, 183-509; Connie Ro-
bison, 192-507; Ezell Gray, 189-504;

Gary Sajizar, 233-554; Sam Shanks, 210-549;

Adam Taylor, 190-548; Greg McDonald, 203-
523; Carol Wood, 180-510; Tom Boggs, 190-506;

Jeff H. 170-475; Larry Davis, 188-514; Flores

180-513; Jim Shultz, 188-515; Ralph Patterson, 182-
537; Billy Simmons, 186-508; Rochelle Wal-

ton, 199-477; FUN IN THE SUN—Mike Maple, 178-479; Tom
McDonald, 178-467; Danny Jr., 180-445;

Pat Akins, 189-437; Theresa Nooten, 154-
425; JEWADA TAHOE TOURS—Behind Frost,
192-425; Bert McGhee, 233-488; Emerge-
nce, 181-508.

LADIES' HANDICAP—Dorothy Lemers,
180-481; Linda, 180-480; Betty Morgan,
186-441; Carol Wood, 180-480; Bette Morgan,
186-441; Georgia Law, 149-418

THURSDAY MIXED FIVES—Doris Freeman, 221-
551; Leonard Cund, 220-544; Jerry Clayton,
199-543; Peet Nakamura, 190-529; Tom Boggs, 190-506; Jim Simpson, 190-505; Be-
verly Hoyle, 180-459.

WEDNESDAY AMERS—Marilyn Iuliani,
190-548; Rusty Parsons, 190-505; Shirley
Saxton, 188-514; Carol Wood, 180-510;

Mane Moore, 164-441; GENE'S—Mike Goss, 188-516;

GIN, RUM, HOGS—Bob Blank, 203-572;

Don Buhr, 192-532; John May, 188-526;

Jeff H. 170-475; Larry Davis, 188-514; Flores

180-513; Jim Shultz, 188-515; Ralph Patterson, 182-
537; Billy Simmons, 186-508; Robert Keys, 202-508; Richard Bass,

181-524.

BAHA'I FAITH
"Abandon not the everlasting beauty
for a beauty that must die, and set
not your affections this mortal
world of dust."

Bahá'í U' Uah
Richmond — 223-7057
El Cerrito — 234-0797

CHRISTIAN BROTHERS—CATHARINE
ZATAZALA, 201-558; Joe Charles, 181-
555; Wes Watson, 208-536; Curt McGraw,
181-524.

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History

Independence Day almost occurred July 2

By KATHRYN LINDEMAN
Smithsonian News Service

"The glorious Second"?

Of course not. "The Fourth" is firm in the national mind as the synonym of independence. But July 2 could well have been the nation's birthday, and for a moment 204 years ago John Adams truly thought it would be.

It was on July 2, 1776, that the Continental Congress, meeting in a hot, humid Philadelphia, came to an inevitable but anguished decision — one that Adams told the patriots "rolls in us like a torrent." Although the Declaration of Independence was pending before the angered Congress, the delegates first voted on the crucial principle of separation contained in a resolution proposed by Richard Henry Lee of Virginia. Its words tell the story:

"... these United Colonies are, and of right ought to be, free and independent States ... and that all political connection between them and the State of Great Britain is, and ought to be, totally dissolved."

The vote on the Lee resolution, so momentous because of its daring challenge to mighty Britain, prompted Adams to write his wife Abigail on July 3, "I am apt to believe that (July 2) will be celebrated by succeeding generations as the great anniversary festival."

That, of course, was not to be. On July 4, after making a few minor changes, the Congress approved the Declaration of Independence, which Jefferson and four other delegates had been drafting since June 11. Like the Lee resolution, it announced the intent of the Colonies to be "free and independent," but it was much more detailed, listing the grievances against the Crown, and it was blessed with Jefferson's ringing phrases: "We hold these Truths to be self-evident, that all Men are created equal."

And so the commitments to independence became official on July 4, and it is that date that became fixed in American history and legend as the beginning of the new nation. For Americans interested in historical footnotes, however, it should be noted that the Declaration was not read from Independence Hall until July 8. And not until July 19 did Congress vote to have the document signed by the states' delegates to the Continental Congress.

Apart from missing by two days the date when his countrymen would celebrate Independence Day, Adams' letter is significant for its confidence in the step that many members of the Continental Congress thought it might fail. As Benjamin Franklin remarked at the time of the Independence debate in Philadelphia, "We must all hang together, or assuredly we shall all hang separately."

But in his letter to Abigail, Adams displayed no uncertainty, predicting that in years to come independence would be marked by "... pomp and parade, with shows, games and sports, guns, bells, bonfires and illuminations, from one end of this continent to the other . . ."

Yet the first anniversary would have gone without notice had it not been for a Philadelphia resident who realized that the one-year mark was approaching. Celebration plans were quickly pulled together and, according to an account by Adams, bells rang all day, bonfires

and fireworks lit up the night and 13-gun salutes from warships in the harbor tore the air. A mid-afternoon dinner in a local tavern was accompanied by music and toasts. That was followed by a parade of soldiers and the lighting of candles in city windows.

As the revolutionary army disbanded, soldiers returned home and pioneers began moving West, the idea of celebrating the Fourth spread to other areas of the new nation.

However, "by the time of the 50th anniversary in 1826, many were questioning the way of celebrating independence," according to sociologist Shirley Cherkasky, who is responsible for July Fourth research in the Smithsonian Institution's division of performing arts. By then, for example, U.S. leaders believed there should be more meaningful observances than the custom of allotting an extra ration of rum to the soldiers.

A special celebration was planned for July 4, 1826 — it would not follow the usual style of "frying chickens, firing away damaged powder or fuddling our noses over tavern wine," as one newspaper put it. Instead, dignitaries who had taken part in the events of July 1776 were invited to Philadelphia for commemorative ceremonies. Ironically, Thomas Jefferson and John Adams, who had declined the honor because of ill health, both died on that July Fourth, exactly 50 years after approval of the Declaration.

A number of customs that began with the early celebrations in Philadelphia continued for a century or more. A public reading of the Declaration of Independence, for one, was a popular event on most July Fourth schedules for years.

Orations and parades also were customary. "Oratory was an art in the early days," Harold Closter of the Smithsonian's performing arts division says. "It said that Daniel Webster left his duties in Washington each year to go to his hometown in New Hampshire to give the two hour July Fourth address to an audience of thousands." The popular appeal of a number of famous orators, including Webster, who quoted from the Greek with great fervor and patriotism, emerged at this time.

Orations soon turned into political speeches, and campaign promises by the candidates followed right along. "Traditionally," Herbert Collins, Smithsonian political history curator, says, "Fourth of July festivities have been used as a testing ground for politicians kicking off their campaigns."

Of course, fireworks of one sort or another have been popular Independence Day attractions for more than 200 years, since the time of the early bonfires and lighting of candles in Philadelphia. But firecrackers and other explosives in the hands of children and amateurs eventually came under attack from community leaders who called for a "safe and sane Fourth." In the early 1900s, the *Chicago Tribune* launched a campaign for a safer holiday without deaths, injuries and fires from explosives, and 1903 saw the citizens of Springfield, Mass., ban the sale of explosive devices. "By the 1950s," Cherkasky says, "many states had outlawed the use of private fireworks, and municipal authorities were presenting the



—Photo courtesy of Library of Congress

President Calvin Coolidge, on hand to give a speech, led the parade in his Packard.

GIANT BELL—In 1926, a gigantic Liberty Bell was erected in Philadelphia to mark the 150th anniversary of the signing of the Declaration of Independence.

displays."

"The Victorian idea of excess," she adds, "pervaded the 100-year anniversary in 1876 and helped to bring a resurgence in patriotic celebrations of the holiday." An elaborate internal exposition of arts and manufacturing and products of farm and mine, including exhibits from more than 50 foreign countries, was organized on 284 acres of Philadelphia's Fairmount Park. There were hundreds of large and small structures at the park, with main building alone covering 20 acres. The Centennial exhibition's collection of equipment and products impressed foreign visitors, demonstrating that the United States had become a major industrial and economic power.

As this new giant grew older, it slowly dropped the

concept of the Fourth as a quasi-military cause, cannon salutes and extra rum for the men. And during the 20th century, particularly after World War II, the holiday became firmly established as a family affair.

Picnics, barbecues and fish fries have taken the place of the customary recitation, patriotic singing and long-winded oratory — except for the 1976 Bicentennial, during which just about any kind of commemoration could be found somewhere in the country.

But whatever way Independence Day is celebrated, John Adams, after all, was only two days away when he wrote Abigail: "The Second of July, 1776, is the most memorable epoch in the history of America."



Brian Jay gets practice heading the ball at Cerrito Vista Park

times
journal
photos
by
christopher
agler



John Smith uses his head to advance the ball

East Bay kids' soccer camps grow in popularity

By STEVE KANIGHER

EL CERRITO — Dozens of kids in yellow T-shirts were running back and forth in waves across Cerrito Vista Park. In the air and on the ground ahead of them were dozens of black and white balls.

The young people were participating in a week-long soccer camp sponsored by the Alameda-Contra Costa Youth Soccer League. The league, which is sponsoring five East Bay sessions this summer, will conduct another clinic at Cerrito Vista Park from Aug. 25 to Aug. 29.

Camp director Jack Hyde said the camps are growing in popularity each year because of stronger support from the league. Last summer, for example, 65 children attended a camp in El Cerrito. Last week, there were 103 participants between the ages of 6 and 15.

"The main reason soccer is expanding in popularity is because it looks like fun," said Hyde, a former assistant coach of the Oakland Stompers professional soccer team and current head coach at San Francisco State University.

"It used to be that the players who were coming into soccer were the non-athletes, the people who couldn't make the basketball team, etc. But that's not so any more. We're getting terrific athletes coming through. In fact, the United States Olympic team this year qualified for the Olympic games for the second time in history."

Hyde, a Birmingham, England, native, is assisted at these camps by United States Soccer Federation-licensed coaches and by players from San Francisco State. Each child brings his or her own ball to camp and spends the day learning soccer techniques, watching soccer films at the Community Center, playing games and working on game strategy. The kids are divided up by age group and ability, with a ratio of about 12 children for every coach.

"If you've got a six-year-old whose being introduced to the game, the emphasis will be more on fun with him,"

Hyde noted. "But he will pick up some stuff about how to kick the ball correctly and we make it fun for them. For the older guys, who have got those fundamentals and have been playing a few years, we go a little bit more into the tactical stuff and more into the game situation, how they should play and how they shouldn't play."

For the younger kids, Hyde said, the hardest thing to master is ball control. For the older kids, the biggest problem is getting them to pass the ball to others, he added.

"Last year, we had to cover a lot of basics," Hyde said. "This year, we've noticed that the two older groups have got a lot of these fundamentals down."

Last week's camp had about 15 girls, all of whom are treated like the boys.

"The girls at this camp are tough," Hyde remarked. "They hang in with the guys. They're certainly not afraid and don't have to be treated lady-like."

The money generated from the fee-based camps goes back to the youth soccer league, which uses the funds to purchase equipment and rent playing fields.

"Out of 100 kids, you're not going to see 100 kids develop during the week," Hyde stated. "But if you have a small group of 12 kids and you can get them to do something, even if it's only spreading out or acting as a team for a week, I think it's the most satisfying experience."

"We stress a lot in these camps on not only the skill side, but the reaction to your fellow players. When you score a goal, the first person you thank is the person who gave it to you. And the player who gave it to that guy should be thanked. So, eventually, 11 people get thanked."

Applications for the next soccer camp in El Cerrito may be obtained by writing to: ACCYSL Soccer Camp, 1801 Yosemita, Berkeley 94707.



Nathan Bartolome gets his kicks during recent soccer camp in El Cerrito

Truly Fine
Bar Soap15¢ OFF
LabelEmerald or Ocean
Mist, 3 Pack
5 ounces,
15¢ OFF Label

99¢

Bounce
Fabric Softener15¢ OFF
Label
40 Sheets,
15¢ OFF Label

\$1.79

Scotch Buy
Paper Plates

100 count

99¢

Aqua-fresh
Toothpaste30¢ OFF
Label
8.2 ounce,
30¢ OFF Label

\$1.19

Prell
Shampoo5 ounce Concent-
rate or 11 ounce
Liquid, 40¢ OFF
Label

\$1.29

Pepsodent
Toothbrush

Adult, each

Save
50¢ each

49¢

Dial
Anti-Perspirant30¢ OFF
LabelSolid,
2 ounce,
30¢ OFF
Label

\$1.19

Pampers
DiapersExtra Absorbent,
60 count

\$6.99

Stayfree
Maxi-PadsRegular,
12 count

\$1.09

Carefree
Panty Shields

30 count

\$1.59

Efferdent
Tablets15¢ OFF
Label

\$1.15

Bufferin
Tablets

100 count

\$1.79

Patio Set

Includes 1-7 Umbrella
1-Round Patio Table
4-Folding Chairs with Pads
1-Table Cover

\$99.99

SAFEWAY FOR
ONE-STOP
SHOPPINGCOMPARE
OUR PRICES
AND SAVE!MORE THAN
A FOOD STORECharcoal
BriquetsScotch Buy,
10 lb. Bag

\$1.39

Kodak Film

Save
20¢ each
126-20
Color Film
Prints, Roll

\$1.89

Safeway Film

126-20
Color Film
Prints, Roll

\$1.89

Polaroid Film

Save
40¢ each
SX-70
Land,
Roll

\$6.19

HOLIDAY LIQUOR SPECIALS

Smirnoff
Vodka80 Proof, 750 ml.
(Case of 12, \$49.08)

\$4.09

Gilbey's
Gin80 Proof, 750 ml.
(Case of 12, \$49.08)

\$4.09

J & B
Scotch86 Proof, 750 ml.
(Case of 12, \$92.40)

\$7.10

Los Hermanos
Mt. Table WineBurgundy, Chablis, Rose
or Rhine, 1.5 liter
(Case of 6, \$15.00)\$2.5 for
2Blue Nun
Liebfraumilch.75 liter
(Case of 12, \$35.88)

\$2.99

Budweiser
Beer

12 Pack, 12 ounce Cans

\$3.59

Brown Derby
Beer

12 Pack, 11 ounce Bottles

\$2.09

Miller
High Life

Beer, 6-12 ounce Bottles

\$1.69

HURRY! HURRY!
SUNDAY, JULY 6 is
the 1st day for you to
SAVE \$2.00 IN TICKETS TO
MARINE WORLD
AFRICA USA

When you buy them at SAFEWAY

Exclusive at Safeway

The Great Artists
A library of 14 lives, times and paintings
Book Van Gogh only

Book 2 thru 25, only \$1.99 each.

Village Chef
SilverStone
Cookware

This Weeks Feature:

8" Skillet \$11.98

B.O.B. to SAFEWAY
3¢ refund on every barrel bag
re-used to sack your groceries
Double bags count as one

Items and prices in this ad are available July 1, 1980 thru July 8, 1980 at all Safeway Stores. In the following counties: Solano, Sonoma, Napa, Marin, Contra Costa, Alameda, Santa Clara, San Francisco, San Mateo, Santa Cruz and Monterey. *Prices not effective in Vacaville or Fairfield. Sales in retail quantities only.

SAFEWAY



SAFEWAY

Fourth of July Sale!

Boneless Turkey

Armour
Golden Star,
Frozen,
USDA
Grade A

\$1.49
lb.

Great
for the
Spit

Norbest Turkeys Frozen, USDA Grade A **75¢**

Pork Spareribs Famous Oscar Mayer Ribs, Fresh Fresh Thawed **\$1.08**
lb.

London Broil Introducing a new cut for London Broil-Bottom Sirloin Coulotte-Average Weight, 2-3 lbs., Safeway USDA Choice Grade Beef **\$2.99**
lb.

Whole Body Fryers Manor House, USDA Grade A **57¢**

Fryer Thighs Frozen **\$2.99**
5-lb. box

Smoked Hams Hickory Shank Half, Water Added **88¢**
lb.

Snow Crab Sections Alaskan, Frozen Fresh Thawed **\$1.77**
lb.

Premium Ground Beef, 5 Pound Package or more (Small Size Package, lb., \$1.88) **\$1.68**
lb.

Beef Rib Steak Small End, Safeway USDA Choice Grade **\$2.99**
lb.

Boneless Chuck Roast, Under Blade, Safeway USDA Choice Grade Beef **\$1.77**
lb.

Corned Beef Safeway Brisket, Plain or Kosher **\$1.69**
lb.

Boneless Cross Rib Roast, Beef Chuck, Safeway USDA Choice Grade Beef **\$2.18**
lb.

Beef Tip Roast Round, Safeway USDA Choice Grade Beef **\$2.58**
or Bottom Round Roast, Safeway USDA Choice Grade Beef **\$2.18**

Boneless Rump Cudahy Bar S, Frozen Fresh Thawed **.99¢**

Sliced Bacon Great for Bar-B-Q, Fresh Fresh Thawed **.99¢**

Beef Ribs Manor House, Dubuque, Oval Royal Buffet **.99¢**

Turkey Ham Center Cuts, Water Added (Smoked Pork Loin Roast, lb., \$1.28) **\$1.88**

Canned Ham Smoked, Water Added **\$1.19**

Smoked Pork Chops Safeway **99¢**

Blade Pork Chops Smoked, Water Added **99¢**

Skinless Meat Franks Safeway **99¢**



**Safeway Stores
In This Area
OPEN
Friday, July 4th**

Mayonnaise

NuMade,
quart

99¢

Save 36¢ each

Aluminum Foil

Safeway,
25 sq. ft.

45¢

Save 8¢ each

French's Mustard

9 oz.
jar

35¢

Save 11¢ each

Soft Drinks

Cragmont, 12 oz. cans
(Case of 24, \$3.96)

6 for 99¢

Save 20¢ on 6

2 for 89¢

Lemonade

Bel-air, Frozen
Concentrate, 12 oz.

2 for 89¢

Fried Chicken

Manor House,
Frozen, 2 lb. box.

\$1.99

Save 60¢ each

Del-Monte

Tomato Catsup,
32 oz. bottle

79¢

Save 20¢ each

Hot Dog Buns

or Hamburger Buns,
Mrs. Wright's, 8 ct.

2 for 89¢

Van Camp's

Pork & Beans,
16 oz. can

3 for \$1

Save 23¢ on 3

Golden Grain

Salad Macaroni,
1 lb. package

45¢

MJB Coffee

Drip Grind,
3 pound

\$8.29

Nectarines

Large Size,
California Grown

lb. 39¢

Salad Fixin's

Red Lettuce, Butter
Lettuce, Green Leaf,
Romaine and Bunch Spinach

**4 \$1
for**

Fresh Corn

Golden Large Ears
Sweet Kernels

**6 \$1
for**

Mangos

Tropical
Fruit Treat

**59¢
ea.**

Fresh Limes

Great for
Fresh Limeade

**5¢
ea.**

Radishes & Green Onions

Great for Salads!

3 bu. 39¢

Holiday Favorites

Potato Chips

Granny Goose,
Twin Pack

88¢

Cheese Food

Kraft, Single Wrap
American Slices, 12 oz.

\$1.49

Powdered Beverages

Cragmont,

makes 8 quarts

\$1.59

Heinz Pickles

Cucumber
Chips, 16 oz.

59¢

Pickle Relish

Town House,
12 oz.

59¢

Large AA Eggs

Lucerne,
dozen

76¢

Ripe Olives

Town House,
Select, Pitted, 6 oz.

69¢

NuMade Dressing

Pourable,

8 oz.

59¢

Kidney Beans

S&W, Dark
Red, 15 oz.

3 \$1

Ice Cream

Snow Star,
1/2 gallon

\$1.39

Items and prices in this ad are available
July 1, 1980 thru July 8, 1980 at all Safeway
Stores in the following counties: Solano,
Napa, Sonoma, Marin, Contra Costa, Alameda,
San Francisco, San Mateo, Santa
Clara, Monterey and Santa Cruz. *Prices not
effective in Vacaville or Fairfield. Sales
in retail quantities only.

SAFEWAY

Senior centers

ALBANY

The Albany Senior Center is at 846 Masonic Ave., 644-8500. Hours are Monday-Friday, 9 a.m.-5 p.m.; Saturday, 10 a.m.-4 p.m. and Sunday, noon-4 p.m.

A flyer of the summer activity schedule is available at the center. Pick up a copy and take one for a neighbor.

The center will be open July 4 from 11 a.m. to 4 p.m. Bring a bag lunch.

Classes

Tuesday—Health & Body Dynamics, 9:15-10:45 a.m., starting June 24, for 6 weeks. Hook & Needle group, 1-3 p.m.

Friday—Consumer Survival, 10:11:30 a.m.; Community Service Group, 10 a.m.-2 p.m.

Saturdays—Folk Dancing, 2-4 p.m.

Brown Bag Forum

"The Brown Bag Forum" will meet 11:30 a.m.-1 p.m. Tuesdays. Coffee, tea and cookies will be provided.

July 8: "The Orientation Center for the blind: its program and services." Speaker will be Al Gil, rehabilitation counselor, and a trainee.

Special Events

There will be a general membership meeting on Thursday, July 3 at 12:30 p.m.

The center will be open July 4 from 11 a.m. to 4 p.m. Bring a bag lunch.

Social Events

Bingo, Thursday and Saturday, 10:30 a.m.; Bridge, 12:15 p.m.; Singalong, Tuesday, 1:30 p.m.; Thursday, 11:30 a.m.

Cards and conversation, Thursday, noon-5 p.m.; Saturday, noon-4 p.m.; Sunday, noon-4 p.m.

Mini-market from 11 to 11:45 a.m. every Thursday, with special produce buys. This is for seniors only.

The "Senior Prom" ballroom dance is held in the multi-purpose room at Marin School every Saturday from 8 to 11 p.m. To brush up or learn new steps, come at 7:30 p.m. Donation: \$1.50 (includes refreshments); Live Band—Carmen Owens on the piano-organ. Les Soares on drums and Harry Waker, saxophone. Myriam Heath and Marietta Ferriera, hostesses.

Bus Trips

(All trips leave from Memorial Park)

- Aug. 19-20. Carson City. Cost is \$32.50 per person, \$44.50 single occupancy. Price includes round trip transportation, overnight accommodation. Bonus packages at three casinos.

• Sept. 19-21. Solvang. "Danish Days," cost is \$72 per person (\$94 single occupancy). Trip includes transportation, two nights at the Turtle Inn and barbecue at Mission San Miguel.

Senior Van

The Senior Van is available for transportation Monday through Friday. Wednesday and Friday mornings are shopping trips. The van is also available for medical appointments or other purposes in connection with a person's practical affairs.

Please call for reservations as early as possible to Ivan Paulen at 644-8500. A 50-cent donation is required.

Menus

The nutrition site dinner is at 4 p.m.

Wednesday, July 2, spaghetti; Thursday, July 3, chicken; Friday, July 4, no meal; Monday, July 7, beef loaf; Tuesday, July 8, liver; Wednesday, July 9, beef stew.

EL CERRITO

Christ Lutheran

Mondays, 9 a.m. to 2 p.m. at 780 Ashbury Ave. at Stockton; craft classes in the morning; 50-cent lunch at noon; afternoon program of information, speakers, community singing, sitdown exercises and folk dancing.

Classes in making pressed flower stationery, macrame, jewelry, weaving, ceramics, bottle cutting and knitting and crocheting are taught at the center which is co-sponsored by Richmond Adult Education.

On July 7, Andrew Gould from Social Security will be available for individual consultation at 11 a.m. After lunch, he will talk about "Keeping up with Cost of Living Increases."

St. John's Center

St. John's Center is for El Cerrito residents aged 60 or over. It meets in the Catacombe building, 6570 Gladys St., every Tuesday from 9 a.m. to 2 p.m. (phone Tuesdays only: 234-2797, or call center director N. Gans at 529-1111).

The center is part of the Richmond Unified School Adult Education program for seniors, and is run by trained, supervised volunteers.

Craft classes are held from 9 a.m. to noon: ceramics, jewelry, tin and glass, macrame, knitting and crocheting, watercolor painting, weaving, cards and table decorations and nutrition.

There is a guest speaker following the free lunch. Then there is community singing, sitdown exercises and folk dancing until 2 p.m.

Community Center

Mondays, 6 to 9 p.m. at El Cerrito Community Center, 7007 Moeser Lane. Program: first week, business and bingo; second week, cards and whist; third week, cards and games; fourth week, special programs.

On Wednesday night there is a dance from 8 to 11 p.m. at the center; live music, refreshments served at 9:30. Cost of evening, \$2 per person; information, phone 525-0747 during business hours.

The center is sponsoring a 21-day fall foliage tour to the East Coast. The cost for this excursion is \$1,670 per person, based on double occupancy.

For further information, please call 525-6747.

Senior Citizens Club

The Senior Citizens Club meets Thursdays, 6 to 10 p.m. Phone 526-7462 for information. First Thursday of the month, business meeting; second, bingo; third, birthday observance; fourth, potluck; fifth, Thursday, special programs.

Lunch Bunch

Lunch for El Cerritans age 60 and over, weekdays at noon, Fairmont Recreation Center, 6510 Stockton Ave.; reservations needed. For reservations call 234-7447 between 10 a.m. and noon the day before.

Sakura-Kai Center

Activities for Japanese-speaking senior citizens, first and third Saturdays, 1 a.m. to 3 p.m. behind library, 6510 Stockton Ave.; arts, crafts, exercises, ceramics, "Shigin" (Japanese poetry singing) and social services available. For information, call William Waki, 525-7086.

Open House

Drop-in Center, 6500 Stockton Ave. behind the library; phone 526-0124. Lunch daily at noon. Programs include:

Albany High graduates enjoy night on the Bay

ALBANY — Albany High School's Class of 1980 spent an evening cruising San Francisco Bay following its recent graduation.

The class had a prime rib dinner at Neptune's Palace on Pier 39 in San Francisco. Dance music was provided by the Music Masters at the restaurant, complete with light show. The graduates then boarded Oski, a tour boat from the Blue and Gold Fleet. There they danced to Terry's Traveling Music Show, played

poker, blackjack, wheel of fortune and chuc-a-luc for prizes. Door prizes were drawn. Ron Clark, a caricature artist, drew their portraits.

"It was a crystal clear evening for sight-seeing on the Bay," a spokesperson said. "The lights of the Bay Area provided a great show for those out on deck."

The boat docked at 5 a.m. as the graduates were finishing a continental breakfast. The sun rose as the seniors boarded buses for the trip home.

Monday, disco dance with Bette Wilgus, 10 a.m.; guitar workshop, 7 p.m.

Tuesday, fitness with Ed Taafe, 9:45 a.m., and 10:30 a.m., information and referral, Bea Fields, 10 a.m.

Thursday, fitness with Ed Taafe, 9:45 a.m. and 10:30 a.m., information and referral, Bea Fields, 10 a.m.

Friday, woodcraft with Bob Hollick, 10 a.m.; bowling or bingo, 1 p.m.

Dialogue with Those Alone meets alternate Mondays, 7-9 p.m. On July 14, the guest speaker will talk about stress. Facilitator is Hilari Hauptman.

★ ★ ★

KENSINGTON

Kensington Senior Activity Center: 9:30 to 2:30 p.m. every Thursday at 52 Arlington Ave., offers workshops in crafts, table games and bridge to senior citizens with special programs at 11 a.m. and people from Social Service and other agencies. Lunch of sandwich, cake and coffee available for 60 cents to those 50 and over. Following lunch is group singing.

From 1-2:30 p.m. there is bridge for intermediate and advanced players. From 1-2 p.m. there is a round table discussion of gardening.

Art exhibit features work by Albany woman

ALBANY — Twyla Arthur of Albany will be the featured artist of the month for July at the Berkeley Art Co-op, 1652 Shattuck Ave. (at Lincoln), beginning July 5.

Arthur, a native of Oklahoma, has traveled extensively in Europe and Mexico and, the program notes say, "her work reveals a strong sensitivity to the rich cultural and geographic variety she has experienced."

Her paintings, the notes say, "often consist of bold, simplified forms isolated in space. Otherwise stark images find life through her warm, emotional use of strong, contrasting colors."

The Co-op, where Arthur's work will be exhibited until Aug. 1, is open Monday through Saturday from 10:30 to 5:30. It is closed the first Monday of every month.

The following students were graduated:

Matthew Africa, Laketha Allen, Tonino Anderson, Giselle Bergman, Marie Bonner, Michael Burns, Jane Crochet, Oiga Danno, Jody Davis, Zachary Denning, Frank Ford, Marie Gardner, Sealpong Hu, Sarah Jager, Monica Jennings, Tara Johnson, Alissa Levy, Daren Lewis, Stephen Light, Karen Morris, Sara Rankin, Danel Rubin, Steven Scott, Tanisha Singleton, Gretchen Stromberg, Cyndie Williams, Hilario Alejo, Alexander Andrade, Frederick Combs, Jolene Cook, Francesca Deffen, Elisabeth Gardner, Robert Hiramoto, Diane Keeler Jacob, Lewis Fabio, Macras Teresa Maravilla, Gary Marvin, Rubin Ortiz, Martin Pallas.

Rana Stevens, Linda Wiggin, Myra Woods, Valerie, Jerry Angu, Valerie, John Benjamin, Michael Clark, Andrew Conring, Phillip Harper, James, Adam King, Lovell, Sean, Mauro, Derek Miller, Barbara, Mauro, Robert, Speer, Alison, Stewart, Fanta, Shirley Washington and Callie.

Carmen Perez, Marie Perez, Stephen, Patricia Rutz, Roger, Theda, Thelma, Aaron, Barbara, Billy, Cherry, John, Connie, Contini, Benjamin, Eric, Fischer, Christopher, Jones, Anna, Keesh, David, Pacey, Sally, Ralphy, Ruben, Ramirez, John, Ramey, Jerry, Angu, Valerie, John, Benjamin, Michael, Clark, Andrew Conring, Phillip, Harper, James, Lovell, Sean, Mauro, Robert, Speer, Alison, Stewart, Fanta, Shirley, Washington and Callie.

Early deadlines

The Times Journal has altered its deadlines this week because of the three-day July 4 holiday weekend.

Display advertising —

Thursday, July 3, at 5 p.m.

Classified advertising —

Monday, July 7, at 12 noon.

News — Today, Wednesday,

July 4, at 5 p.m.

DISCOUNT **Lucky** CENTER

MORE THAN JUST ANOTHER SUPERMARKET



Ladies
Dittos®
Knit Top
Assortment
100% cotton, choose from
short sleeves, muscle sleeves
or sleeveless styles. V-neck
or without button trim.
Assorted solid colors. S-M-L
(Reg. 4.77 & 5.77)
now 3.77

Fashion items not available at
E. 14th St., San Leandro,
South Shore Center, Alameda or
El Cerrito Plaza, El Cerrito Stores.

Leisure Time Items at
Everyday Discount Prices!

Kan Koasters

Foam can coasters to keep your hands
warm and drink cold.

each 1.39



Super Ice

The ice substitute that keeps
items cold & dry. Soft or
hard pack.

1.79
pk.

Thermos Brand
Six-Packer
Plastic Ice Chest.

each 9.99

Thermos Brand
1-Gal. Picnic Jug

Plastic
3.99
each



Hibachi

10" x 17"
each 6.97



BBQ Tool Set

3 Piece
each 2.29

Swim Goggles

each 1.49

Swim Mask

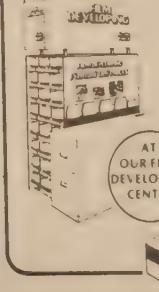
each 3.39

Beach Ball

20" Inflatable
each .49

Legran Sunglasses

Choose from 10 styles. Plastic Frame, Metal Frame
or Rimless.

Lucky PHOTO
FILM DEVELOPINGCOLOR
PRINT
FILMS

For Your Shopping Convenience
Your Lucky Store will be

OPEN

9 am to 7 pm

Friday, July 4th!

Prices effective Wednesday, July 2nd thru Tuesday, July 8th, 1980.

COPYRIGHT © 1980 by Lucky Stores, Inc. All Rights Reserved.

• ALAMEDA 2246 South Shore Center • ANTIOCH 2515 Sommerville Rd. • AUBURN 386 Elm Ave. • CAPITOLA 1955-41st St. • CARMICHAEL 8431 Fair Oaks Blvd. • CARSON CITY 2400 Hwy. 50 East • CASTRO VALLEY 3443 Castro Valley Blvd. • CITRUS HEIGHTS 6184 Sunriser Mall • CONCORD 5400 Ygnacio Valley • CONCORD 4498 Treat Blvd. • DALY CITY 255 San Pedro Rd. • DAVIS 1900 Anderson Rd. • DUBLIN 8909 San Ramon Rd. • EL CERRITO 300 El Cerrito Plaza • FAIRFIELD 1950 No. Texas • FOLSOM 671 E. Bidwell Dr. • FREMONT 40055 Mission Blvd. • FREMONT 4949 Stevenson Blvd. • GRASS VALLEY 11867 Sutton Way • HAYWARD 22895 Foothill Blvd. • LIVERMORE 1951 Holmes St. • MADERA County Club Dr. & Cleveland Ave. • MARYSVILLE 828 "I" St. • MODESTO 1717 Oakdale • MORAGA 1550 Canyon Rd. • MOUNTAIN VIEW 715 E. El Camino Real • NAPA 1312 Trancas St. • OAKLAND 1630 High St. • PETALUMA 1000 Petaluma Blvd. • PLEASANTON 6155 W. Las Positas • RHEEM 375 Rheem Blvd. • RICHMOND 3042 Hilltop Mall Rd. • 12010 San Pablo Ave. • SACRAMENTO 1917 Kiefer Blvd. • 8700 La Riviera Dr. • 5445 Auburn Blvd. • 5924 Stockton Blvd. • 2700 Marconi • SALINAS 1150 So. Main St. • SALINAS 1180 No. Main St. • SAN FRANCISCO 3925 Alemany • SAN LEANDRO 1550 E. 14th St. • SAN LORENZO 15840 Hesperian Blvd. • SAN JOSE 272 E. Santa Clara St. • 471 So. Saratoga • 2217 Quimby • 1750 Saratoga Ave. • SANTA ROSA 915 Montgomery Village Ct. • SOUTH LAKE TAHOE 2833 Al Tahoe Blvd. • STOCKTON 7506 Pacific Ave. • SUNNYVALE 580 E. El Camino Real • TAHOE CITY 100 River Rd. • TURLOCK 2595 Geer Rd. • UNION CITY 4122 Dyer St. • VACAVILLE 136 Peabody Rd. • YUBA CITY 700 Gray Ave.

Basic
Value
from Luck

Flynn's
celebrate 25th

and Mary Flynn celebrated their 25th wedding anniversary recently at a party at their home with 100 guests. The hosts were her parents, Mr. and Mrs. William Flynn of Pinole, and his parents, Mr. and Mrs. Gene Flynn of Richmond.

The Flyns were married in Richmond, and now live in Albany. They have three children, Bob, Carl and James. Flynn was installed June 2 as new president of the Albany Lions Club.



How to talk to 22,000 people weekly

Got a complaint? Got a comment on the way city government or the schools are run? Do you like or dislike something published in the Times Journal?

Write a letter to the editor. Type it, double-spaced, and include your name and address. We'll withhold your name from publication if you wish, but we have to know who wrote the letter, for legal reasons.

Our address: Times Journal, 1247 Solano Ave., Albany 94706. Any questions? Call us at 525-2644.

We think newspapers should be a medium for public discussion.

EL CERRITO

Pay Less Drug Store, 10600 block of San Pablo, El Cerrito, reported on Monday, June 23 the loss of \$50 worth of cosmetics. The suspect involved was described as a black male in his late 20s, 6'0" tall, with a beard.

Delmon Jackson, 19, 2500 block of Mira Vista, El Cerrito, was arrested by El Cerrito police on Monday, June 23 for strongarm robbery. Three juveniles were also arrested in the case.

Jackson is scheduled to appear in Bay Municipal Court on July 14 for a plea hearing.

Hugo Arriola of Pacifica reported on Monday, June 23 the theft of a car stereo worth \$476 from the 2700 block of Arlington in El Cerrito.

George Simms, 35, 1800 block of 2nd St., Richmond, and Lance Wilson, 29, 800 block of 10th St., Richmond, were arrested by El Cerrito police on Tuesday, June 24 for possession of stolen property. They are scheduled to attend a plea hearing in Bay Municipal Court on July 14.

Mervin Pizzagroni, 18, 6600 block of Central, El Cerrito, and a juvenile who escaped from a juvenile hall in Contra Costa County

were arrested by El Cerrito police on Tuesday, June 24 for possession of a stolen auto.

Carol Cavalli of Alameda reported on Thursday, June 26 the theft of a 1976 Toyota Corolla from the Pic-N-Pac Liquors parking lot, 10000 block of San Pablo in El Cerrito.

Paul Saylor, 800 block of Oaklawn, El Cerrito, reported on Friday, June 20 the loss of \$1,500 in cash from a safe.

El Cerrito police recovered a 1973 Lincoln Continental on Friday, June 20 reported stolen out of Oakland last September.

Donald Elrod, 900 block of Arlington, El Cerrito, reported on Saturday, June 21 the loss of \$1,275 worth of jewelry and stereo equipment.

Robert Bowles, 1300 block of Arlington, El Cerrito, reported on Sunday, June 22 the loss of \$1,960 worth of coins, firearms and stereo equipment.

James Wang, 400 block of Ashbury, El Cerrito, reported on Sunday, June 22 the theft of a car stereo worth \$55.

Shelia Schaffer, 2200 block of Humboldt, El Cerrito, reported on Friday, June 20 the theft of a car battery.

John Woodward, 2600 block of Tulare, El Cerrito, reported on Friday, June 20 the theft of a car battery.

A juvenile was arrested by El Cerrito police on Saturday, June 21 for grand theft.

A juvenile was arrested by El Cerrito police on Saturday, June 21 for battery.

Thelma Johnston, 1000 block of Liberty, El Cerrito, reported on Sunday, June 22 the theft of a car battery.

A juvenile was arrested by El Cerrito police on Wednesday, June 25 for possession of a stolen vehicle.

Jim Nagel, 1100 block of Richmond, El Cerrito, reported on Thursday, June 26 the theft of a car accessories.

KENSINGTON

George Moore, Rincon Road, Kensington, reported on Sunday, June 22 the loss of a color TV, rugs, jewelry and silverware worth a total of \$9,880.

Bradford Sherman, 200 block of Grizzly Peak, Kensington, reported on Thursday, June 26 the theft of auto parts.

ALBANY

Emeal Wilson, 27, 2300 block of E. 21st St., Oakland, was arrested by Albany police on Wednesday, June 25 for assaulting police officers. The officers were responding to a call that he was attempting suicide. He is scheduled for arraignment in Berkeley-Albany Municipal Court on Wednesday, July 2.

Eddie Garrett of San Francisco, 25, was arrested by Albany police on Tuesday, June 24 for selling marijuana.

Gyntone Mays, 20, 3200 block of Nevin, Richmond, was arrested by Albany police on Tuesday, June 24 for burglary.

Leo Ringle of San Francisco reported on Thursday, June 26 the theft of a silver 1964 Chevrolet from the 1300 block of Solano in Albany.

James Gordon III, 300 block of Wilson, Albany, reported on Friday, June 20 the theft of a car battery.

Clarence Deene and Ellen Fuhrman, 800 block of Pierce, Albany, reported on Saturday, June 21 the loss of \$4,558 worth of miscellaneous items.

Ann Berry of Albany reported on Monday, June 23 the theft of a tan Universal bike from the 800 block of Hillside in Albany.

A juvenile reported on Monday, June 23 the theft of tires from his Wards bike on the 900 block of Evelyn, Albany.

Theodore Bernas, 500 block of Pierce, Albany, reported on Wednesday, June 25 the theft of a pocket calculator and tool bag worth a total of \$45 from his car. In connection with the case, police are looking for two white males, aged 20 to 25, 5'10", with blonde hair. One suspect was wearing blue jeans and a white pullover shirt.

Early deadlines

The Times Journal has altered its deadlines this week because of the three-day July 4th holiday weekend.

Display advertising — Thursday, July 3, at 5 p.m.

Classified advertising — Monday, July 7, at 12 noon.

News — Today, Wednesday, July 2, at 5 p.m.

All Your Cookout Needs At Low Everyday Prices!



All Lucky Stores will be OPEN Friday, July 4th 9 am to 7 pm (except Marin County Stores)

Lucky Has All You Need!

Celebrate this Holiday weekend with a family cookout or picnic. And make Lucky your headquarters for all the food and fixings; you'll find low, discount prices in every department... delicious meats and poultry... fresh summer produce... beverages... paper plates and cups... charcoal... everything you need!

So come in and start the celebration right at Lucky... Low, Everyday Discount Prices... save time, save money.

Basic Value... from Lucky!

Fresh Young Turkeys Valchris
USDA Grade A, Self-Basting, (approx. 9-13 lb. avg.) ... lb. **.68**

Beef Chuck Steaks
1 lb. **1.29**

Frying Chicken USDA Grade A
Whole Body (Cut Up lb. 78) ... lb. **.59**

Top Sirloin Steak
Beef Loin, Boneless ... lb. **3.09**

Beef Loin T-Bone Steaks
Great for B.B.Q. ... lb. **3.09**

Porterhouse Steaks
Beef Loin ... lb. **3.19**

Beef Rib Roast
Large End ... lb. **1.99**

Beef Rib Roast
Small End ... lb. **2.49**

Cross Rib Roast
Beef Chuck, Boneless ... lb. **2.19**

Pork Shoulder Boston Butt
Sliced ... lb. **1.44**

Smoked Ham
Center Slice ... lb. **1.98**

Pork Spare Ribs
Fresh Frozen ... lb. **.99**

Pork Shoulder Boston Butt
Whole or Half, Great for B.B.Q. ... lb. **1.28**

Sugar Cured Smoked Ham
Fully Cooked, Whole or Shank Half ... lb. **.98**

Smoked Ham Sugar Cured,
Fully Cooked, Butt Portion ... lb. **1.18**

Ground Beef Patties Lady Lee
Frozen does not exceed 30% fat.
Great for B.B.Q. ... lb. **1.59**

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Small business workers among happiest in U.S. labor force, study finds

Workers in small, family-owned businesses may be among the happiest in America's labor force even though their wages are usually low, according to a study by a sociologist at the University of California, Riverside.

They typically have close relationships with their supervisors, plenty of freedom to work as they choose and a variety of functions to stave off boredom, says UCR sociology instructor Richard Krooth.

This is one of the preliminary conclusions Krooth has drawn from his ongoing study of workers and their lifestyles in the small community of Isla Vista near Santa Barbara.

In contrast to workers in small businesses, Krooth has found that those on factory assembly lines making similar wages are often dissatisfied. Far removed

from their employers, they are locked into performing repetitive tasks at a pre-set pace, he says.

"They're just like machinery," says Krooth. "Because their job tasks have become so generalized, anyone can acquire their 'skill' relatively quickly. They have a lot less bargaining power. They have very little control over the product, the methods of assembling it or its distribution. Dissatisfied or frustrated, many of them leave their jobs, making the turnover rate high."

Krooth, a former lawyer, is a graduate of UC-Santa Barbara and teaches legal, industrial, labor and community sociology at UC-Riverside. He is supervising a team of 13 students and community members in surveying and observing residents as the project nears completion of its second year.

The aim, Krooth says, is to evaluate people's living status as a function of their

jobs.

Krooth also found the type of worker who can find satisfaction in a large firm, such as a bank, because of the greater variety of potential positions, pay levels and the opportunity to "move up the ladder."

And the observations have uncovered a separate class of people who find so little satisfaction in work that they become drop-outs. "There are many people who prefer not to work," says Krooth. "It drains too much from them. So they exist on part-time jobs and remove themselves from the work world because they feel such a total lack of control there."

Made up in large part by students, Isla Vista's population fluctuates between 6,500 and 12,000. A wide range of peoples — from the elderly to new immigrants from Southeast Asia — come together there, Krooth says.

The survey, in sampling

nearly 200 family units so far, has found that about 70 percent of them earn less than \$7,000 a year.

"We're trying to show that there is a relationship between the income they receive and the way they live in the community, and that this has unexamined implications," says Krooth. "These include the standard of housing they can afford and their diet."

There was a time in America when some employers wielded enough influence to control living conditions in an area to the benefit of their employees, says Krooth. Steel magnate Andrew Carnegie did that after breaking the workers' union in Homestead, Pa., during the late 1800s, he

Made up in large part by students, Isla Vista's population fluctuates between 6,500 and 12,000. A wide range of peoples — from the elderly to new immigrants from Southeast Asia — come together there, Krooth says.

"Employers no longer have any power to provide the amenities that would lower the cost of living," Krooth says.

PUBLIC NOTICE

NOTICE OF DEATH OF
THEODORE R. PATERSON
AND APPOINTMENT TO
ADMINISTER ESTATE
Case No. 55257
SUPERIOR COURT OF CALIFORNIA
COUNTY OF CONTRA COSTA
725 Court Street
P. O. Box 911
Martinez, CA 94553
ESTATE OF
THEODORE R. PATERSON
DECEASED
To all heirs, beneficiaries, creditors,
contingent creditors, and persons who
may be otherwise interested in the will or
estate of THEODORE R. PATERSON.

A petition has been filed by WINIFRED LANHAM in the Superior Court of Contra Costa County requesting that WINIFRED LANHAM be appointed as personal representative to administer the estate of the deceased.

The petition requests authority to administer the estate under the Independent Administration of Estates Act.

A hearing on the petition will be held on July 16, 1980 at 9:00 a.m. in Dept. 9 located at Courthouse, Ward and Main Streets, Martinez, CA 94552.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court or present it to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 700 of the California Probate Code. The time for filing claims will not expire prior to four months from the date of the hearing noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may inspect it with the court or receive special notice of the filing of the inventory of estate assets and of the petition, accounts and reports described in section 1200 of the California Probate Code.

s/ Blair F. Burton
BLAIR F. BURTON
6318 Fairmount Ave.,
El Cerrito, CA 94530
Attorney for petitioner
J-1200—June 25, July 2, 9, 1980.

PUBLIC NOTICE

FICTION BUSINESS
NAME STATEMENT
FILE NO. 40942

The following person is doing business as:

D & D APPLIANCE SERVICE
505 Kains Ave.
Albany, CA 94706

DONALD L. WONNENBERG
505 Kains Ave.
Albany, CA 94706

This statement was filed with the County Clerk of Alameda County on June 24, 1980.

CERTIFICATION

I hereby certify that the foregoing is a correct copy of the original on file in my office.

Dated: June 24, 1980
RENE C. DAVIDSON,
County Clerk

By: E. THOMAS, Deputy Clerk
3272A—July 2, 9, 16, 23, 1980

FICTION BUSINESS NAME STATEMENT

File No. 41045

The following person is doing business as:

ALBRIGHT'S ARTS
AND ANTIQUES
1507 Sloano Ave.
Albany, CA 94707

TED A. FARBER
1224 Blythen Way
Oakland, CA 94619

This business is conducted by an individual.

TED ALBRIGHT FARBER
/s/ Ted Albright Farber

This statement was filed with the County Clerk on June 30, 1980.

CERTIFICATION

I hereby certify that the foregoing is a correct copy of the original on file in my office.

RENE C. DAVIDSON,
County Clerk

By: Evelyn Guice
Deputy

A-3273—Publish July 2, 9, 16, 23, 1980

A-3271—June 25; July 2, 9, 16, 1980.

Obituaries

Rachael McKenzie

EL CERRITO — Funeral services were held recently for Rachael McKenzie, 62, long-time local resident who died June 24 in a Berkeley hospital.

A native of Montana, she lived most recently at 6850 Snowdon Ave. She is survived by her widow, Clark McKenzie; a daughter, Shirley Hess of Seattle, Wash., and a son, Clark Jr. of El Cerrito.

Survivors include her daughter, Donna Kozielski of El Cerrito; her sister, Cleo Mattox of Fresno; her brothers, Jack Mattox of Fresno and Roy Mattox of Santa Cruz; two grandchildren and three great-grandchildren.

PUBLIC NOTICE

FICTION BUSINESS
NAME STATEMENT

FILE NO. 40713

THE FOLLOWING PERSON IS
DOING BUSINESS AS:
CHINA HOUSE
1113 Solano Ave.
Albany, CA 94707

DING, LIL-CHUEN
1229 Richmond St.
El Cerrito, CA 94530

This business is conducted by an individual.

Signed: /s/ DING, LIL-CHUEN

This statement was filed with the County Clerk of Alameda County on June 12, 1980.

CERTIFICATION

I hereby certify that the foregoing is a correct copy of the original on file in my office.

RENE C. DAVIDSON,
County Clerk

By: PAT CLARK,
Deputy

For Appointment
A-3271—June 25; July 2, 9, 16, 1980.

Helen Reese

EL CERRITO — Funeral services were set for 2:30 p.m. today at Civic Center Chapel of Wilson & Kratzer Mortuaries.

Mrs. Reese was a resident of El Cerrito and a member of the Calvary Presbyterian Church in Berkeley.

Survivors include her daughter, Donna Kozielski of El Cerrito; her sister, Cleo Mattox of Fresno; her brothers, Jack Mattox of Fresno and Roy Mattox of Santa Cruz; two grandchildren and three great-grandchildren.

William Zenoni

EL CERRITO — Funeral services for William Zenoni, who died Saturday at the age of 54, were held Monday.

Mr. Zenoni was a native of Canon City, Okla., and was a member of St. John The Baptist Catholic Church and the American Society of Engineers. He was employed as an engineer with the State of California.

He is survived by his wife, Alma; his sons, William Zenoni Jr., of Concord and Robert Zenoni of El Cerrito; his daughter, Mrs. Susan Beuler of San Pablo; his sister, Barbara Werner of El Cerrito; and one grandchild.

A Mass of Christian burial was celebrated Monday at St. John the Baptist Church in El Cerrito. Interment was in St. Joseph Cemetery in San Pablo.



JUST A GAME — Albany High School students (from left) Robert Marshall, Jeff Smith and Issard Ked receive a third place award for their efforts in a 10-week high school stock market game. Over 900 students from the Bay Area participated in the game, sponsored by the Securities Industry Association and the Califor-

County agency seeks homes for children

The Alameda County Social Services Agency says

there is continuing need for foster homes for teenagers. One boy who needs a home right now is Kevin (not his real name).

His mother and stepfather are both incarcerated and his natural father, who lives out of state, is unable to provide a home for him and school.

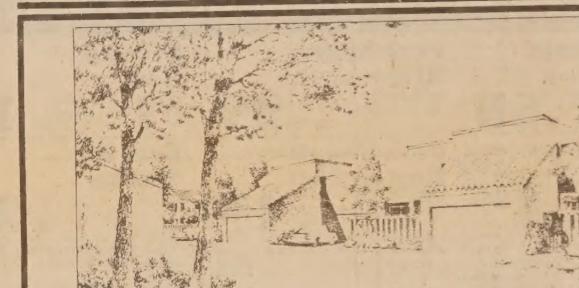
the agency said.

Kevin has a very disruptive life because the family was on the run for several years. They never lived in one place very long and the children were discouraged from forming friendships.

Kevin has had some problems relating to other children in his current home and school.

Kevin enjoys building models and is an avid sports fan. He would like to be in a home close enough to visit his brother, who is in a foster home in Hayward, and his mother, who is incarcerated in Pleasanton.

To learn more about becoming a licensed foster parent for a child in need of



Campo Verde Townhouses

From \$76,250

Conveniently Located

8.95% INTEREST

@ 8.95% Interest
Ex: Sales Price — \$76,250
10% Down — \$7,625
90% Loan — \$68,625
Monthly Payment — \$549.71
(30 years)

For Appointment
525-4680

An IGC Development



ENERGY
CONSERVATION
HOME

TIMES JOURNAL

Classified Advertising

1247 SOLANO AVE., Albany, Ca. • 525-2644

Only 70¢ a line

DISPLAY Information
and Deadlines
525-2644

NUMBERS OF ISSUES

CATEGORY

• Enclose 70¢ per line for each issue (\$2.10 minimum charge).

• There are 22 units on each line.

• You may use the form below or type or print on a separate sheet.

• Each letter, punctuation mark or space between words count as a unit.

Clip and Mail or Drop Off to the Times Journal, 1247 Solano Ave., Albany, California 94706

We reserve the right to use our discretion in the selection of advertisements and in how long they will run. The Times Journal will not be liable for the condition of any item advertised herein. We will not be responsible for errors in advertising except for the cost of the space occupied by the error.

PLEASE PRINT OR TYPE CLEARLY

Name _____

Phone _____

Address _____

Zip _____

City _____

Zip _____

Name _____

Phone _____

Address _____

Zip _____

City _____

Zip _____

NUMBERS OF ISSUES _____

CATEGORY _____

A	D	C	O	P	Y
2.10					
2.80					
3.50					
4.20					
4.90					
5.60					

In Albany, El Cerrito, Kensington and 1,000 Oaks

Once-a-week. Wednesday Morning.

No Collections

Are you looking for a way to earn your own spending money? Would you like to learn how to conduct a business that is all your own? Become one of today's young money-makers...

If you are 10 years or older,

CALL TODAY... 525-2644

TIMES JOURNAL

9 a.m. to 5 p.m. Monday thru Friday
Ask for the Circulation Department



232-6339

900 HOFFMAN BLVD.
AT HARBOUR WAY • RICHMONDPRICES GOOD THRU
Thursday, July 3
OPEN MON-FRI. 8-5
SATURDAY 8-1**SPECIAL!**FRONT END
ALIGNMENT
and Tire Rotation**\$15.99**

Most American and Foreign Cars

SHOP**AND GO
MICHELIN
FOR A LOT
LESS THAN
YOU THINK**

SIZE	SALE	PLUS F.E.T.
185-14 XWW	66.61	2.30
195-14 XWW	70.62	2.48
205-14 XWW	76.44	2.51
215-14 XWW	81.14	2.84
225-15 XWW	85.84	2.91
225-15 XWW	89.46	3.34
185-12 XXZ	41.03	1.39
185-12 XXZ	43.07	1.48
145-13 XXZ	47.33	1.61
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